

COUNSELING & PSYCHOLOGICAL SERVICES

Counseling and Psychological Services

Counseling and Psychological Services (<http://psyservs.sfsu.edu>) (psyservs.sfsu.edu (<http://psyservs.sfsu.edu>)) provides psychological counseling to students and consultation services to the University community. The center provides an opportunity to explore freely any personal problems or concerns. Concerns are as varied as the people themselves; they include problems involving relations with parents or peers, feelings of depression or anxiety, relationship conflict, concerns about academic progress or direction, and other issues. The professional counselor faculty at Counseling and Psychological Services is comprised of licensed counselors, psychologists, and clinical social workers, representing a variety of cultures and ethnicities and trained to work with the University's multicultural student body. Counseling services are available to undergraduate and graduate students and include personal and group counseling and psychotherapy, marital and couples counseling, consultation, outreach services, and referral services for students. Consultation services are also available to staff, faculty, and the University community on a variety of topics related to the emotional wellness of students. In keeping with accepted professional practice, counseling is strictly confidential, and no information is released without the student's explicit written authorization. Counseling services are free of charge to all currently enrolled students. The Center is located in the Student Services Building, Room 205. Appointments may be made by phone (415) 338-2208 or in person.

Counseling Clinic

The Counseling Clinic, a graduate training program, offers counseling services to students, including individual, couples, and group therapy. The interns are experienced, advanced second-year graduate students in the Counseling Department. The interns work under the close supervision of the counselor faculty at Counseling and Psychological Services. There are no fees. Interested parties may call the clinic at (415) 338-1024 or go to Burk Hall 117.

Psychology Clinic

The Psychology Clinic offers services to both students and the community-at-large. Many treatment modalities are provided, including individual, couple, child, and family therapy. The psychotherapy trainees are experienced, advanced graduate students working under the close supervision of the Clinical Psychology faculty. Clinic services are provided on a sliding fee scale; however, no one is turned away for lack of funds. Interested parties may call the clinic at (415) 338-2856 or go to the Ethnic Studies and Psychology Building, Room 240.

SAFE Place

The SAFE Place (Sexual Abuse Free Environment) is the campus resource center on sexual violence. It offers information, peer education, confidential crisis counseling, on-campus advocacy, and referrals for survivors of sexual assault, sexual harassment, stalking, and relationship violence. We also offer men's programming to engage men in addressing sexual violence. These services are available for students seeking such resources for themselves or friends. The SAFE Place also assists staff, faculty, and administrators who are working with students in crisis or

who themselves need such assistance. The University policy on sexual assault is published at titleix.sfsu.edu (<http://titleix.sfsu.edu>).

The SAFE Place is located in the Student Services Building, SSB 205; telephone: (415) 338-2819. For more information go to <http://psyservs.sfsu.edu/content/safe-place>