MINOR IN ATHLETIC COACHING

This sequence of courses is for students who are interested in coaching and/or pursuing a career in coaching. It provides the knowledge and skill base required for coaching club, school, and community athletic teams.

All coursework used to satisfy the requirements of the minor must be completed with a minimum grade point average of 2.0.

Admission requirements:
Students must meet the following admission requirements to declare the minor:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Select One:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BIOL 220</td>
<td>Principles of Human Anatomy</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 328</td>
<td>Human Anatomy</td>
<td></td>
</tr>
<tr>
<td>or equivalent</td>
<td></td>
<td></td>
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<tr>
<td>Select One:</td>
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</tr>
<tr>
<td>KIN 240</td>
<td>Introduction to Teaching Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>KIN 250</td>
<td>Introduction to Kinesiology</td>
<td></td>
</tr>
<tr>
<td>SF State GWAR Course</td>
<td>3</td>
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</tbody>
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Please meet with an advisor to declare the minor.

Athletic Coaching, Minor – 22 units

Core (21 units)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>KIN 310</td>
<td>Youth Development Instructional Analysis I</td>
<td>3</td>
</tr>
<tr>
<td>or KIN 312</td>
<td>Youth Development Instructional Analysis II</td>
<td></td>
</tr>
<tr>
<td>KIN 314</td>
<td>Theory and Application of Fitness Training</td>
<td>3</td>
</tr>
<tr>
<td>KIN 331</td>
<td>Peak Performance</td>
<td>3</td>
</tr>
<tr>
<td>KIN 355</td>
<td>Science, Sport, and Fitness</td>
<td>3</td>
</tr>
<tr>
<td>KIN 404</td>
<td>Sport and Exercise Psychology</td>
<td>3</td>
</tr>
<tr>
<td>KIN 434</td>
<td>Sport-Based Youth Development</td>
<td>3</td>
</tr>
<tr>
<td>KIN 486</td>
<td>Motor Learning</td>
<td>3</td>
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</tbody>
</table>

Culminating Experience (1 unit)

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<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 570</td>
<td>Directed Coaching Experience</td>
<td>1</td>
</tr>
</tbody>
</table>

A one-season coaching experience in youth athletics, recreation leagues, interscholastic, or intercollegiate athletics in a sport in which a coaching course is selected.

1. Community college courses in coaching may be accepted as substitutes.
2. CPR certification is required.