The Nutrition and Dietetics program prepares students for careers in clinical dietetics, foodservice systems management, and nutrition education in hospitals, communities, industry, or government agencies. Two concentrations are offered:

a. Dietetics & Nutrition Science
b. Foods & Community Nutrition

The Foods and Community Nutrition concentration within the B.S. in Nutrition and Dietetics supports a wider student body interested in studying within a nutrition-related major but not desiring to become a registered dietitian nutritionist (RDN).

Program Learning Outcomes

a. Students will articulate an understanding of food safety, management, and business theories as they apply to foodservice systems.
b. Students analyze the impact of public policy, multidisciplinary teams, and healthcare systems on nutrition practice.
c. Students will use scientific research, current information technologies, and critical thinking skills to support evidence-based practice in the field of nutrition and dietetics.
d. Students will engage in professional communication skills such as counseling techniques, oral presentations, and written documentation to effectively meet the needs of diverse populations.
e. Students use the Nutrition Care Process to enhance the nutritional status and quality of life of diverse individuals, groups, and populations throughout the lifecycle.
f. Students will demonstrate competency in required biological and physical science courses to create a foundation for upper-division curricula and future professional practice.
g. Students will identify and evaluate issues of social responsibility, scope of practice, professional behavior and expectations, and Code of Ethics.

Mandatory Advising

The program offers all Nutrition & Dietetics majors the ability to work with an advisor to prepare a Graduation Plan, an outline of the course sequence. See the department office (Burk Hall 329) for information to include in the advising folder. Students should consult the course description in the current Bulletin for prerequisites and corequisites. Students who wish credits earned at another institution to be accepted in lieu of courses offered for the major at SF State must obtain acceptance from their advisor and the department chair.
General Education Requirements

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Course Level</th>
<th>Units</th>
<th>Area Designation</th>
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<tbody>
<tr>
<td>Oral Communication</td>
<td>LD</td>
<td>3</td>
<td>A1</td>
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<tr>
<td>Written English Communication</td>
<td>LD</td>
<td>3</td>
<td>A2</td>
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<tr>
<td>Critical Thinking</td>
<td>LD</td>
<td>3</td>
<td>A3</td>
</tr>
<tr>
<td>Physical Science</td>
<td>LD</td>
<td>3</td>
<td>B1</td>
</tr>
<tr>
<td>Life Science</td>
<td>LD</td>
<td>3</td>
<td>B2</td>
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<tr>
<td>Lab Science</td>
<td>LD</td>
<td>1</td>
<td>B3</td>
</tr>
<tr>
<td>Mathematics/Quantitative Reasoning</td>
<td>LD</td>
<td>3</td>
<td>B4</td>
</tr>
<tr>
<td>Arts</td>
<td>LD</td>
<td>3</td>
<td>C1</td>
</tr>
<tr>
<td>Humanities</td>
<td>LD</td>
<td>3</td>
<td>C2</td>
</tr>
<tr>
<td>Arts or Humanities</td>
<td>LD</td>
<td>3</td>
<td>C1 or C2</td>
</tr>
<tr>
<td>Social Sciences</td>
<td>LD</td>
<td>3</td>
<td>D1</td>
</tr>
<tr>
<td>Social Sciences: US History</td>
<td>LD</td>
<td>3</td>
<td>D2</td>
</tr>
<tr>
<td>Lifelong Learning and Self-Development (LLD)</td>
<td>LD</td>
<td>3</td>
<td>E</td>
</tr>
<tr>
<td>Ethnic Studies</td>
<td>LD</td>
<td>3</td>
<td>F</td>
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<td>Physical and/or Life Science</td>
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<td>3</td>
<td>UD-B</td>
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<tr>
<td>Arts and/or Humanities</td>
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<td>3</td>
<td>UD-C</td>
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<tr>
<td>Social Sciences</td>
<td>UD</td>
<td>3</td>
<td>UD-D</td>
</tr>
</tbody>
</table>

### SF State Studies

Courses certified as meeting the SF State Studies requirements may be upper or lower division in General Education (GE), a major or minor, or an elective.

American Ethnic and Racial Minorities  
Environmental Sustainability  
Global Perspectives  
Social Justice

Note: LD = Lower-Division; UD = Upper-Division.

**First-Time Student Roadmap (4 Year)**

a. The roadmaps presented in this Bulletin are intended as suggested plans of study and do not replace meeting with an advisor. For a more personalized roadmap, please use the Degree Planner (https://registrar.sfsu.edu/degreeplanner/) tool found in your Student Center.

b. In order to choose your English Composition A2 course and your QR/Math B4 course, please complete the online advising activities at writingadvising.sfsu.edu (https://writingadvising.sfsu.edu) and mathadvising.sfsu.edu. Questions? Contact Gator Smart Start (https://gatorsmartstart.sfsu.edu).

**Transfer Student Roadmap (2 Year)**

For students with an AS-T in Nutrition and Dietetics.

NUTR ADT Roadmap (http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/bs-dietetics-conc-foods-community-nutrition/adt-roadmap/)

**General Advising Information for Transfer Students**

a. Before transfer, complete as many lower-division requirements or electives for this major as possible.

b. The following courses are not required for admission but are required for graduation. Students are strongly encouraged to complete these units before transfer; doing so will provide more flexibility in course selection after transfer.

- a course in U.S. History  
- a course in U.S. & California Government

For information about satisfying the requirements described in (1) and (2) above at a California Community College (CCC), please visit http://www.assist.org (http://assist.org). Check any geographically accessible CCCs; sometimes options include more than one college. Use ASSIST to determine:

- Which courses at a CCC satisfy any lower-division major requirements for this major;  

Remedial courses are not transferable and do not apply to the minimum 60 semester units/90 quarter units required for admission.

Additional units for courses that are repeated do not apply to the minimum 60 units required for upper-division transfer (for example, if
Before leaving the last California Community College of attendance, obtain a summary of completion of lower-division General Education units (IGETC or CSU GE Breadth). This is often referred to as a GE certification worksheet. SF State does not require delivery of this certification to Admissions, but students should retain this document for verifying degree progress after transfer.

Credit for Advanced Placement, International Baccalaureate, or College-Level Examination Program courses: AP/IB/CLEP credit is not automatically transferred from the previous institution. Units are transferred only when an official score report is delivered to SF State. Credit is based on the academic year during which exams were taken. Refer to the University Bulletin in effect during the year of AP/IB/CLEP examination(s) for details regarding the award of credit for AP/IB/CLEP.

Students pursuing majors in science, technology, engineering, and mathematics (STEM) disciplines often defer 6-9 units of lower-division General Education in Areas C and D until after transfer to focus on preparation courses for the major. This advice does not apply to students pursuing associate degree completion before transfer.

Transferring From Institutions Other Than CCCs or CSUs

Review SF State’s lower-division General Education requirements. Note that, as described below, the four basic skills courses required for admission meet A1, A2, A3, and B4 in the SF State GE pattern. Courses that fulfill the remaining areas of SF State’s lower-division GE pattern are available at most two-year and four-year colleges and universities.

Of the four required basic skills courses, a course in critical thinking (A3) may not be widely offered outside the CCC and CSU systems. Students should attempt to identify and take an appropriate course no later than the term of application to the CSU. To review more information about the A3 requirement, please visit bulletin.sfsu.edu/undergraduate-education/general-education/lower-division/#AAEL.

Waiting until after transfer to take a single course at SF State that meets both US and CA/local government requirements may be an appropriate option, particularly if transferring from outside of California.