

# BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES

The Bachelor of Arts in Family & Consumer Sciences enables a student to specialize in the area of Child & Family Studies. The common core of the program is devoted to students acquiring an understanding of family transitions, diversity, and resource management; sensitivities to the needs and value systems of individuals, families, and groups which vary by age, socioeconomic status, and ethnic identity; and the role expectations of professional family life and community educators.

## Mandatory Advising

FCS majors must see an advisor to prepare a Graduation Plan which outlines their individual course sequence. Some major classes may require the plan be presented on the first day of classes. See the department office in Burk Hall, Room 329 for information to include in the advising folder. Students who wish for credits earned at another institution to be accepted in lieu of courses offered for the major at SF State must obtain acceptance from the major advisor and the department chair.

## Degree Requirements

A prescribed sequence of courses must be adhered to as some classes are offered only in the fall or spring semesters. All major courses must be passed with a letter grade of C- or better. CR/NC is not allowed.

## Program Learning Outcomes

1. Family and Consumer Sciences majors will explain and relate the synergistic and integrative nature of Family and Consumer Sciences (FCS) to the three critical components of its body of knowledge: core concepts, integrative elements, and cross-cutting themes.
2. Students will understand life course development for diverse individuals and families through the use of the human ecosystems theory.
3. Based on life course development, within the context of relevant human ecosystems, students will apply sustainable management of resources, problem-solving, decision making, and technical strategies, for the capacity building of individuals, children, families, and community vitality.
4. Students will research, evaluate, synthesize, and apply their findings to issues and problems that affect the quality of life for individuals, children, families, and communities.
5. Students will analyze and evaluate how individual, family, and national decisions may impact other countries of the world.
6. Students will apply an integrative, synergistic focus to address critical societal issues.
7. Students will identify and evaluate issues of social responsibility, professional behavior, and ethics.

## Assistance to Enhance Writing Competence

Good writing skills are necessary for success in the major. GE Area A2 is required to take FCS 312GW, the beginning of the sequence of upper-division FCS courses, which fulfills the GWAR requirement.

## Family & Consumer Sciences (B.A.) – 45 Units Core Courses (39 units)

Code	Title	Units
FCS 220	Young Children and Families <sup>1</sup>	3
FCS 223	Infants, Toddlers, and Families <sup>1</sup>	3
FCS 312GW	Gender, Race, Class, and Family Diversity - GWAR	3
FCS 321	Adolescents and Families	3
FCS 325	Transitions in the Family Life Cycle	3
FCS 420	Assessment and Observation with Children <sup>1</sup>	3
FCS 422	Early Childhood Education Curriculum: Birth to Five <sup>1</sup>	3
FCS 423	Administration of Programs for Young Children <sup>1</sup>	3
FCS 426	Family Stress, Coping, and Resilience	3
FCS 428	Children and Families with Violence, Abuse, and Neglect	3
FCS 430	Management Dynamics: Life Goals and Decisions	3
FCS 524	Supervised Experiences with Children, Family, and Community <sup>1</sup>	3
FCS 600	Professional Development	3

## Electives (6 units)

Code	Title	Units
AA S 320	Chinese in the United States	3
AA S 323	Chinese American Identities	3
AA S 330	Nikkei in the United States	3
AA S 333	Japanese American Identities	3
AA S 338	Okinawan American Heritage and Culture	3
AA S 350	Filipina/os in the United States	3
AA S 353	Filipina/o American Identities	3
AIS/AFRS 350/ LTNS 355	Black Indians in the Americas	3
AFRS 303	African American History	3
AFRS 304	Black People and the American Experience	3
AFRS 345	Blacks in Urban America	3
AFRS 370	Health, Medicine, and Nutrition in the Black Community	3
COUN 325	Selected Problems In Counseling	3
E ED 306	Understanding and Supporting Families in ECE	3
FCS 543	Sustainability in the Textile, Housing, and Food Industries	3
LTNS 315	Latina/os in California	3
LTNS 415	Economic Progress of Latinos in the U.S.	3
LTNS 430/ C J 435	Race, Crime, and Justice	3
LTNS 450	Indigenismo: Indigenous Cultures of the Americas	3
LTNS/WGS 505	Gender, Sexuality, and Latino Communities	3
NUTR 356	Foods and World Culture	3
NUTR 357	Principles of Food Preparation	3
PH 305	Critical History of Public Health in the United States	3
PH 315	Drugs and Society	3
PH 320	Contemporary Sexuality	3
PHIL/SXS 369	Philosophical Issues in Sexuality	3

PSY/SXS 320	Sex and Relationships	3
PSY 330	Child Development	3
PSY 435	Behavior Problems of Children	3
SPED 330	Introduction to Disability	3
SPED 370	Young Children Disabled or At Risk and Their Families	3
SXS 300	Introduction to Human Sexuality	3
SXS 301	Perspectives in Gay, Lesbian, Bisexual, and Transgender Studies	3
SXS 350	Selected Issues in Human Sexuality	3
WGS 301	Women, Gender, and Community	3
WGS 304	Gender and Popular Culture	3
WGS 511	Women and Violence	3
WGS 515	Gender, Race, and Reproduction	3
WGS 530	Women and Gender Studies and Social Theory	3

<sup>1</sup> Courses needed for the California Child Development Master Teacher & Site Supervisor Permits.

### Complementary Studies

Bachelor of Arts students must complete at least 12 units of Complementary Studies outside of the primary prefix for the major. (**Note:** Students may not use an alternate prefix that is cross-listed with the primary prefix for the major.)

Students who complete two majors or a major and a minor automatically complete the Complementary Studies requirement. Students in the Bachelor of Arts in Family & Consumer Sciences major who wish to satisfy the Complementary Studies requirement with a coherent group of courses complementary to the major must have the courses approved by an advisor in the major. Consult with a major advisor for assistance.

### General Education Requirements

Requirement	Course Level	Units	Area Designation
Oral Communication	LD	3	A1
Written English Communication I	LD	3	A2
Critical Thinking	LD	3	A3
Physical Science	LD	3	B1
Life Science	LD	3	B2
Lab Science	LD	1	B3
Mathematics/Quantitative Reasoning	LD	3	B4
Arts	LD	3	C1
Humanities	LD	3	C2
Arts or Humanities	LD	3	C1 or C2
Social Sciences	LD	3	D1
Social Sciences: US History	LD	3	D2
Social Sciences: US & CA Government	LD	3	D3

Lifelong Learning and Self-Development (LLD)	LD	3	E
Physical and/or Life Science	UD	3	UD-B
Arts and/or Humanities	UD	3	UD-C
Social Sciences	UD	3	UD-D

**SF State Studies**  
Courses certified as meeting the SF State Studies requirements may be upper or lower division in General Education (GE), a major or minor, or an elective.

American Ethnic and Racial Minorities	LD or UD	3	AERM
Environmental Sustainability	LD or UD	3	ES
Global Perspectives	LD or UD	3	GP
Social Justice	LD or UD	3	SJ

Note: LD = Lower-Division; UD = Upper-Division.

### First-Time Student Roadmap (4 Year)

Find the correct roadmap (A, B, C, or D):

1. Select the row that matches your English Course choice for A2.\*
2. Select the column that matches your QR Category (found at your student center under Math Alert).
3. Click the Roadmap that lines up with your row and column.

For example, if you are taking ENG 104 as your first English course and your student center math alert says you are QR Category III, you should choose Roadmap D.

Pathway	QR Cat I/II	QR Cat III/IV
<b>ENG 114</b>	Roadmap A ( <a href="http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/roadmap-i-ii-eng/">http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/roadmap-i-ii-eng/</a> )	Roadmap C ( <a href="http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/roadmap-iii-iv-stretch/">http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/roadmap-iii-iv-stretch/</a> )
<b>ENG 104/ENG 105</b>	Roadmap B ( <a href="http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/roadmap-i-ii-stretch/">http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/roadmap-i-ii-stretch/</a> )	Roadmap D ( <a href="http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/roadmap-iii-iv-eng/">http://bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/roadmap-iii-iv-eng/</a> )

\*Composition for Multilingual Students: If taking ENG 209 as your first English course, choose the ENG 114 row. If taking ENG 204 for your first English course, choose the ENG 104/ENG 105 row.

## General Advising Information for Transfer Students

1. Before transfer, complete as many lower-division requirements or electives for this major as possible.
2. The following courses are not required for admission but are required for graduation. Students are strongly encouraged to complete these units before transfer; doing so will provide more flexibility in course selection after transfer.
  - a course in U.S. History
  - a course in U.S. & California Government

For information about satisfying the requirements described in (1) and (2) above at a California Community College (CCC), please visit <http://www.assist.org> (<http://assist.org>). Check any geographically accessible CCCs; sometimes options include more than one college. Use ASSIST to determine:

- Which courses at a CCC satisfy any lower-division major requirements for this major;
- Which courses at a CCC satisfy CSU GE, US History, and US & CA Government requirements.

Remedial courses are not transferable and do not apply to the minimum 60 semester units/90 quarter units required for admission.

Additional units for courses that are repeated do not apply to the minimum 60 units required for upper-division transfer (for example, if a course was not passed on the first attempt or was taken to earn a better grade).

Before leaving the last California Community College of attendance, obtain a summary of completion of lower-division General Education units (IGETC or CSU GE Breadth). This is often referred to as a GE certification worksheet. SF State does not require delivery of this certification to Admissions, but students should retain this document for verifying degree progress after transfer.

Credit for Advanced Placement, International Baccalaureate, or College-Level Examination Program courses: AP/IB/CLEP credit is not automatically transferred from the previous institution. Units are transferred only when an official score report is delivered to SF State. Credit is based on the academic year during which exams were taken. Refer to the University Bulletin in effect during the year of AP/IB/CLEP examination(s) for details regarding the award of credit for AP/IB/CLEP.

Students pursuing majors in science, technology, engineering, and mathematics (STEM) disciplines often defer 6-9 units of lower-division General Education in Areas C and D until after transfer to focus on preparation courses for the major. This advice does not apply to students pursuing associate degree completion before transfer.

## Transferring From Institutions Other Than CCCs or CSUs

Review SF State's lower-division General Education requirements. Note that, as described below, the four basic skills courses required for admission meet A1, A2, A3, and B4 in the SF State GE pattern. Courses that fulfill the remaining areas of SF State's lower-division GE pattern are available at most two-year and four-year colleges and universities.

Of the four required basic skills courses, a course in critical thinking (A3) may not be widely offered outside the CCC and CSU systems. Students

should attempt to identify and take an appropriate course no later than the term of application to the CSU. To review more information about the A3 requirement, please visit [bulletin.sfsu.edu/undergraduate-education/general-education/lower-division/#AAEL](http://bulletin.sfsu.edu/undergraduate-education/general-education/lower-division/#AAEL).

Waiting until after transfer to take a single course at SF State that meets both US and CA/local government requirements may be an appropriate option, particularly if transferring from outside of California.

## All Students Must Meet the Transfer Eligibility Requirements Outlined Below for Admission.

For more information, visit the Undergraduate Admissions section (<http://bulletin.sfsu.edu/undergraduate-admissions/>).

- Complete 60 or more transferable semester units or 90 or more quarter units.
- Earn a college grade point average of 2.0 or better in all transferable courses. Non-local area residents may be held to a higher GPA standard.
- Be in good standing at the last college or university attended.
- Complete 30-semester units (45-quarter units) of General Education, including four basic skills courses:
  - a. One course in oral communication (same as CSU GE Area A1)
  - b. One course in written composition (same as CSU GE Area A2)
  - c. One course in critical thinking (same as CSU GE Area A3)
  - d. One course in mathematics or quantitative reasoning (same as CSU GE Area B4)
- The four basic skills courses and a minimum of 60 transferable semester units (90-quarter units) must be completed by the spring semester prior to fall admission, or by the fall semester prior to spring admission. Earn a C- or better grade in each basic skills course.