

# BACHELOR OF ARTS IN CHILD AND ADOLESCENT DEVELOPMENT: CONCENTRATION IN COMMUNITY, HEALTH, AND SOCIAL SERVICES ROADMAP

120 Total Units Required

Minimum Number of Units in the Major: 45

This roadmap is a suggested plan of study and does not replace meeting with an advisor. Please note that students may need to adjust the actual sequence of courses based on course availability. Please consult an advisor in your major program for further guidance.

Course	Title	Units
<b>First Semester</b>		
ENG 114	Writing the First Year: Finding Your Voice (A2) <sup>1</sup>	3
GE Area A <sup>2</sup>		3
GE Area B: Quantitative Reasoning (B4) <sup>3</sup>		3
GE Area C		3
SF State Studies or University Elective <sup>4</sup>		3
<b>Units</b>		<b>15</b>
<b>Second Semester</b>		
CAD 210	Introduction to Applied Child and Adolescent Development (Major Core, D1)	3
GE Area A		3
GE Area C		3
GE Area D: U.S. History (D2)		3
GE Area E		3
<b>Units</b>		<b>15</b>
<b>Third Semester</b>		
CAD 260	Children, Families, and Community: An Ecological Perspective (Major Core, D1, AERM, GP)	3
GE Area B: Physical Science (B1) and Laboratory Science (B3) <sup>5</sup>		3-4
GE Area C		3
SF State Studies or University Elective - Take Two <sup>4</sup>		6
<b>Units</b>		<b>15-16</b>
<b>Fourth Semester</b>		
CAD 300	Professional Roles and Careers in Child and Adolescent Development (Major Core)	3

GE Area B: Life Science (B2) and Laboratory Science (B3) <sup>5</sup>		3-4
GE Area F <sup>±</sup>		3
U.S. and California Government ( <a href="http://bulletin.sfsu.edu/undergraduate-education/american-institutions/#usg">http://bulletin.sfsu.edu/undergraduate-education/american-institutions/#usg</a> )		3
SF State Studies or University Elective <sup>4</sup>		3
<b>Units</b>		<b>15-16</b>
<b>Fifth Semester</b>		
CAD 400	Community Youth Development (Major Concentration)	3
CAD 410GW	Applied Developmental Science: Prenatal Through Early Childhood - GVAR (Major Core)	3
CAD 411	Applied Developmental Science: Middle Childhood through Emerging Adulthood (Major Core)	3
Family & Context Course (Major Concentration) - Take Two <sup>6</sup>		6
<b>Units</b>		<b>15</b>
<b>Sixth Semester</b>		
CAD 500	Research Methods in Child and Adolescent Development (Major Core)	3
Concentration Elective - Take Three (Major Concentration) <sup>7</sup>		9
GE Area UD-C: Upper-Division Arts and/or Humanities <sup>8</sup>		3
<b>Units</b>		<b>15</b>
<b>Seventh Semester</b>		
CAD 625	Children, Youth, and Public Policy (Major Core)	3
GE Area UD-B: Upper-Division Physical and/or Life Sciences <sup>8</sup>		3
GE Area UD-D: Upper-Division Social Sciences <sup>8</sup>		3
SF State Studies or University Elective - Take Two <sup>4</sup>		6
<b>Units</b>		<b>15</b>
<b>Eighth Semester</b>		
CAD 660	Applied Advanced Developmental Science in Child and Adolescent Development (Major Core)	3
Concentration Elective (Major Concentration) <sup>7</sup>		3
SF State Studies or University Elective - Take Three <sup>4</sup>		9
<b>Units</b>		<b>15</b>
<b>Total Units</b>		<b>120-122</b>

<sup>1</sup> ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select ENG 114; if you choose ENG 104/ENG 105 through DSP you will satisfy A2 upon successful completion of ENG 105 in the

second semester; multilingual students may be advised into alternative English courses.

<sup>2</sup> To avoid taking additional units, it is recommended that you meet the **SF State Studies** (AERM, GP, ES, SJ) requirements within your GE or major.

<sup>3</sup> To determine the best B4 course option, students should complete the online advising activity at mathadvising.sfsu.edu (<https://mathadvising.sfsu.edu/>). Questions? Contact Gator Smart Start. (<https://gatorsmartstart.sfsu.edu/>)

<sup>4</sup> **Complementary Studies**

To fulfill the University's Complementary Studies requirement, all students completing a B.A. degree must take 12 units from courses outside of the primary prefix of their major and not cross-listed with the primary prefix for the major. This requirement is automatically fulfilled when completing the Child and Adolescent Development degree. However, students may need to take additional units to reach the minimum of 120 units for graduation.

<sup>5</sup> Consider taking a class combined with a laboratory or a separate lab to fulfill B3 if not already satisfied.

<sup>6</sup> **Families & Context (6 units)**

AFRS 515 Black Family Studies (3 units) (UD-D, AERM, ES, SJ)  
CAD 223 Infants, Toddlers, and Families (3 units)  
CAD 450 Understanding and Working with Diverse Families (3 units)  
CAD 550 Child Life: Theory and Application (3 units)  
CAD 560 Loss and Grief: Children, Youth, Families and Community (3 units)  
CAD 680 International Field Study in Child and Adolescent Development (3 units)  
CAD 685 Projects in the Teaching of CAD (1-4 units)  
FCS 426 Family Stress, Coping, and Resilience (3 units)  
HIST 484 Disability and Culture in the U.S. (3 units) (UD-C, USH, SJ)  
RRS 480 Youth Culture, Race and Resistance (3 units) (UD-D, AERM, SJ)  
SPED 620 The Science of Early Intervention (3 units) (UD-B, ES, SJ)

<sup>7</sup> **Concentration Electives (12 units)**

Select 12 units from the following courses:

AA S 584 Asian American Sexualities (3 units) (UD-C, AERM, GP, SJ)  
AA S 591 Asian American Community Health Issues (3 units) (UD-B, AERM, SJ)  
AFRS 525 Black Child Development (3 units)  
AFRS 678 Urban Issues of Black Children and Youth (3 units)  
AIS 470 American Indian Ethnicity: Problems in Identity (3 units) (UD-D, AERM, SJ)  
BIOL 330 Human Sexuality (3 units) (UD-B)  
C J 470/SOC 452 Juvenile Justice (4 units)  
C J 471 Contemporary Issues in Juvenile Justice (3 units)  
C J 475 Intervention Policies in Juvenile Justice (3 units)  
C J 485/LTNS 485 Latina/o Youth, Crime, and Justice (3 units) (UD-D, SJ)  
COUN 691 Multicultural Human Relations (3 units)  
I R 259 Children and Youth in International Relations (4 units) (E, GP, SJ)  
I R 315/GPS 315/PHIL 315 Introduction to Global Peace Studies (3 units) (UD-C, ES, GP, SJ)  
LS 402 Introduction to Human Rights Education for Teachers and Local Communities (3 units) (UD-D, GP, SJ)  
LTNS 500 Latina/o Community Mental Health (3 units)  
LTNS 505/WGS 505 Gender, Sexuality, and Latino Communities (3 units)  
LTNS 580/SOC 580/RRS 580 Educational Equity (3 units) (UD-D, AERM, SJ)  
PH 315 Drugs and Society (3 units) (UD-D, AERM, GP, SJ)  
PH 320 Contemporary Sexuality (3 units) (UD-B, SJ)

PH 455 Community Organizing and Community Building for Health (3 units) (UD-C, AERM, ES, GP, SJ)

PSY 430 Adolescent Psychology (3 units)

PSY 433 Social, Emotional, and Personality Development (3 units)

PSY 435 Developmental Psychopathology (3 units) (UD-D)

PSY 456/SXS 456 Psychology of Human Sexual Behavior (3 units)

RPT 280 Developmental Play Processes (3 units) (D1)

RPT 300 Leadership in Recreation, Parks, and Tourism (3 units)

RPT 340 Conference, Event Planning, and Management (3 units)

RPT 410 Therapeutic and Inclusive Recreation (3 units) (SJ)

RPT 440 Urban Recreation and Parks (3 units) (UD-D, AERM, SJ)

RRS 303 Health and Wellness among Pacific Islanders (3 units) (UD-B, SJ)

RRS 380/SXS 380 Queer and Trans Ethnic Studies (3 units) (UD-C, AERM, SJ)

RRS 410/SOC 410 Grassroots Organizing for Change in Communities of Color (3 units) (UD-D, AERM, SJ)

RRS 420 Arab American Identity: Memory and Resistance (3 units) (UD-D, AERM, GP, SJ)

RRS 571 Women, Race, and Class (3 units) (UD-C, AERM, ES, GP, SJ)

SOC 330/RRS 330 Comparative Race and Ethnicity in the U.S.: Class, Gender, and Nation (3 units) (UD-D, AERM, SJ)

SOC 469 Gender and Society (4 units) (UD-D)

SPED 330 Introduction to Disability (3 units) (UD-D, SJ)

SPED 691 Autism in the Contemporary World (3 units) (UD-C)

S W 350 Services to Children, Youth, and Their Families (3 units)

SXS 400/SOC 400/PSY 450 Variations in Human Sexuality (3 units) (UD-D, SJ)

SXS 567/ANTH 569 Cross-Cultural Aspects of Sex and Gender (3 units) (UD-C)

USP 515/GEOG 667 Environmental Justice: Race, Poverty, and the Environment (4 units) (ES, GP, SJ)

<sup>8</sup> It is highly recommended that students attempt to fulfill upper-division GE requirements (UD-B, UD-C, and UD-D) through Concentration courses. Courses that fulfill those requirements have been marked in the respective lists.

± Given catalog rights, fall 2023 transfer students do not need to complete an Area F course.