STUDENT HEALTH SERVICE

San Francisco State University Student Health Services provides accessible and low-cost quality health care to all SF State Students. Our goal is to help students develop the skills and knowledge to manage their own health.

The Student Health Service is next to the Ethnic Studies and Psychology Building, directly across the pathway from Burk Hall and east of the Student Services Building.

Staff includes board certified physicians and nurse practitioners, psychiatrists, pharmacists, registered nurses, a nutritionist, an athletic trainer, an X-ray technologist, and laboratory and clinical support staff.

SHS adheres to the CSU Policy of the Board of Trustees on Student Health Services and is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).

Year Round Operating Hours

**Monday–Tuesday–Thursday–Friday:** 8:10 a.m. – 4:45 p.m.

**Wednesday:** 10:00 a.m. – 4:45 p.m.

Closed except for extremely urgent medical services on Wednesdays: 8:10 to 10:00 a.m. & daily 4:45 to 5:00 p.m.

Student Health Services is closed on official University holidays.

Contacts

**myHealth:** http://shs.sfsu.edu

- To schedule appointments online
- To cancel appointments online
- Lab and Test results
- Secure messages from SHS providers
- Prescription refills – click on messages

**Emergencies on campus:** (415) 338–2222

**Emergencies off campus:** 911

**SHS Information:** (415) 338–1251

**Appointments online:** health.sfsu.edu (http://health.sfsu.edu)

**Appointments by phone:** (415) 338–1719

**Cancellations by phone:** (415) 338–1719 (day)

**Cancellations via myHealth:** health.sfsu.edu (http://health.sfsu.edu)

**After Hours Nurse Advice:** (415) 338–1251, Press 1

**Comments:** Feedback@sfsu.edu

**International Health Insurance SHS email:** shsinsur@sfsu.edu

**Website:** http://health.sfsu.edu

Confidentiality of Medical Information

Student Health Services medical records are confidential. Information will not be released without written consent except as required by law.

Eligibility

All SF State students who pay the mandated Student Health Fee can receive health services at SHS. A current student ID must be shown before receiving services.

Student Health Services appreciates the diversity of human beings and welcomes students of any race, color, national origin, age, religion, ability, marital status, sex, sexual orientation, and gender identity or expression.

Medical Services

Medical services at Student Health Services are funded by the Student Health Fee.

Lab tests, immunizations/shots, and pharmacy services are charged for the cost of the service plus a handling fee.

Medical services include basic care for new and short-term health conditions, illnesses, and injuries and appointments with medical providers.

**Lab & X-ray** services supporting basic care at Student Health Services.

**Gynecological services**, including evaluation and treatment of gynecological problems, wellness exams, birth control education, birth control prescriptions, emergency contraception, and evaluation and treatment of sexually transmitted infections (STIs) for female-bodied students.

**Family Planning, Access, Care, & Treatment (PACT)** enrollment for eligible SF State students seeking family planning services including birth control and emergency contraception. If SF State students qualify for Family PACT under the State of California program guidelines they can enroll at their first appointment at SHS.

**Immunization services** include immunizations/shots/vaccines for the prevention and control of common communicable diseases.

**Pharmacy:** Most SHS and outside physician prescribed medications can be filled at the SHS Pharmacy. The Pharmacy accepts many health insurance plans and medications are low cost.

**Nutrition services** including individual appointments and group/classroom presentations on sports nutrition, weight management, eating disorders, vegetarian diet, and nutrition assessment.

**Mental health services** including psychiatric care and medication management, links to campus and community resources.

**Specialty Services**

Fees are charged for specialty services.

**Podiatry** evaluation of lower extremity alignment, fitting for custom orthotics and treatment of other foot problems

**Immunizations/shots or lab tests** (not related to basic service) and those performed off the premises.

**Rehabilitation services** with Student Health Services Athletic Trainer

**Urgent Medical Care**

SHS Nurses evaluate and refer students as appropriate to Urgent Care appointments with providers during clinic hours.
Graduated Students
Students nearing graduation should seek alternate health care providers to ensure continuity of care. Limited care may be provided at the SHS for a brief period after graduation with a fee charged for these services. Family PACT services should be sought at Family PACT clinics in the community.

Care to Non–Students
First aid services are available to all SF State staff, faculty, and visitors.

No Show Fee
Due to high patient demand and the limited availability of appointments, students must give advance notice to cancel an appointment or they will be charged a $20 no–show fee. Students can cancel their appointment online at: health.sfsu.edu (http://health.sfsu.edu) or by calling (415) 338–1251 during clinic hours.

Students will have to pay the full Podiatry Clinic fee if they do not cancel your appointment.

SHAC
The Student Health Advisory Committee at San Francisco State is a student–run organization that makes recommendations in regards to student health services, programs, and fees. SHAC meets weekly for lunch and discussions at SHS. See SHAC website for more details. http://health.sfsu.edu/content/student–health–advisory–committee.

Health Insurance
Student Health Service strongly encourages students to obtain health insurance coverage. Students may need to use community services such as specialty services and testing (e.g. MRI), emergency care or care for acute illnesses or injuries when SHS is not open.

Students can purchase a health insurance plan including Medi–Cal through Covered CA at their website CoveredCA.com (http://www.CoveredCA.com)

Alternately, students can purchase a student–focused health insurance plan through the California State University system. Students can visit www.csuhealthlink.com (http://www.csuhealthlink.com) for more information.

Student Health Services CANNOT assume responsibility for payment of outside medical care including ambulance services.

Recommended Immunizations
Please visit the “Vaccinate before you graduate” Website for the CDC recommendations: www.cdc.gov/vaccines/who/teens/index.html (http://www.cdc.gov/vaccines/who/teens).

Meningococcal Disease Information: Each incoming freshman who will be residing in on-campus housing will be required to return a form to the University Housing Business Office indicating that they have received information about meningococcal disease, the availability of the vaccine to prevent contracting the disease, and indicating whether or not the student has chosen to receive the vaccination.

Campus Information for Required Immunizations
Entering CSU students are required to present proof of the following immunizations to the CSU campus they will be attending before the beginning of their first term of enrollment.

Measles and Rubella
All new and readmitted students must provide proof of full immunization against measles and rubella prior to enrollment.

Hepatitis B
All new students who will be 18 years of age or younger at the start of their first term at a CSU campus must provide proof of full immunization against Hepatitis B before enrolling. Full immunization against Hepatitis B consists of three timed doses of vaccine over a minimum 4 to 6 months period.

Prospective SF State students should send their completed "proof of immunization form" 1 of the REQUIRED immunizations to the University Registrar’s office BEFORE enrolling in classes. The form can be downloaded at http://health.sfsu.edu/content/vaccinations–and–immunizations#Required-Immunizations

If you have any questions about required immunizations, please contact the University Registrar’s Office at (415) 338–2350.

University Registrar’s Office, One Stop Student Services Center
San Francisco State University
1600 Holloway Avenue
San Francisco, CA 94132
Phone: (415) 338–2350
Fax: (415) 338–0588
Email: records@sfsu.edu

1 Immunization records are not saved by the Registrar. Remember to keep copies!