

# STUDENT HEALTH SERVICE

San Francisco State University Student Health Services provides accessible and low-cost quality health care to all San Francisco State students. Our goal is to help students develop the skills and knowledge to manage their health.

The Student Health Service is next to the Ethnic Studies and Psychology Building, directly across the pathway from Burk Hall and east of the Student Services Building.

Staff includes board-certified physicians and nurse practitioners, psychiatrists, pharmacists, registered nurses, a nutritionist, an athletic trainer, an X-ray technologist, medical assistants, laboratory, and clinical support staff.

SHS adheres to the CSU Policy of the Board of Trustees on Student Health Services (Executive Order 943) and is accredited by the Accreditation Association for Ambulatory Health Care (AAHC).

## Year-Round Operating Hours (Closed Evenings and Weekends)

**Monday, Tuesday, Thursday, and Friday:** 8:30 a.m. – 4:45 p.m.

**Wednesday:** 10:00 a.m. – 4:45 p.m.

**Lunch:** 12:00 p.m. – 1:00 p.m. (no appointments)

Student Health Services is closed on official University holidays. A Nurse Advice Line is available for medical advice when the Student Health Center is closed.

## Contacts

**myHealth:** <http://shs.sfsu.edu>

- To schedule appointments online
- To cancel appointments online
- Lab Test results, Immunization records
- Secure messages and handouts from SHS providers
- Prescription refills – click on messages; "Pharmacy refill request."

**Emergencies on campus:** (415) 338-2222

**Emergencies off-campus:** 911

**SHS Information:** (415) 338-1251

**Appointments online:** [health.sfsu.edu](http://health.sfsu.edu) (<http://health.sfsu.edu/>); [myHealth](http://shs.sfsu.edu) (<http://shs.sfsu.edu>)

**Appointments by phone:** (415) 338-1251

**Cancellations by phone:** (415) 338-1251 (day)

**Cancellations via myHealth:** [health.sfsu.edu](http://health.sfsu.edu); (<http://health.sfsu.edu/>) [myHealth](http://shs.sfsu.edu) (<http://shs.sfsu.edu>)

**After-Hours Nurse Advice:** (415) 338-1251, Press 1

**Comments:** [Feedback@sfsu.edu](mailto:Feedback@sfsu.edu)

**Questions:** [myhealth@sfsu.edu](mailto:myhealth@sfsu.edu)

**Website:** [health.sfsu.edu](http://health.sfsu.edu) (<http://health.sfsu.edu>)

## Confidentiality of Medical Information

Student Health Services medical records are confidential. Information will not be released without written consent except as required by law.

## Eligibility

All SF State students who pay the mandated Student Health Fee (<http://health.sfsu.edu/content/new-student-frequently-asked-questions/#WhatIsTheStudentHealthFee>) can receive health services at SHS. A current student ID must be shown before receiving services.

Student Health Services appreciates the diversity of human beings and welcomes students of any race, color, national origin, age, religion, ability, marital status, sex, sexual orientation, and gender identity or expression.

## Medical Services

**Medical services** include appointments with medical providers for basic care of new and short-term health conditions, illnesses, and injuries. Students with chronic medical conditions need to establish care with a primary care provider in their community.

**Lab\* & X-ray** services that support basic care at Student Health Services.

**Gynecological Services** include evaluation and treatment of gynecological problems, wellness exams, birth control education, birth control prescriptions, emergency contraception, IUDs, Implants, and evaluation and treatment of sexually transmitted infections (STIs) for female-bodied students.

**Sexual Health Services** include STI testing, which is available to all registered students by appointment or self-order at SHS.

**Immunization Services\*** include immunizations, shots, and vaccines for the prevention and control of common communicable diseases.

**Pharmacy\*:** Most SHS and outside physician-prescribed medications can be filled at the SHS Pharmacy. The Pharmacy accepts many health insurance plans, and medications are low cost. Over-the-counter medications (<https://health.sfsu.edu/content/pharmacy-services/#OTCs>) are available without a prescription at the SHS Pharmacy.

**Rehabilitation Services** with Student Health Services Athletic Trainer and the Physical Therapist when available.

**Nutrition Services** including individual appointments and group/classroom presentations on sports nutrition, weight management, a vegetarian diet, and nutrition assessment.

**Mental Health Services**, including short-term psychiatric care and medication management and information on campus and community resources.

\*Fees apply for lab tests, immunizations/shots, rehab, and pharmacy services.

## Graduated Students

Students nearing graduation should seek alternate health care providers to ensure continuity of care.

## Care to Non-Students

First aid services are available to all SF State staff, faculty, and visitors (per CSU Executive Order 943).

## No Show Fee

Due to high patient demand and the limited availability of appointments, students must give advance notice to cancel an appointment, or they will be charged a \$20 no-show fee. Students can cancel their appointment online at myHealth (<http://shs.sfsu.edu>) or by calling (415) 338-1251 during clinic hours.

## Health Insurance

Student Health Service strongly encourages students to obtain health insurance coverage. Students may need to use community services such as specialty services and testing (e.g., MRI), emergency care, or care for acute illnesses or injuries when SHS is not open.

Students can purchase a health insurance plan, including Medi-Cal through Covered CA at their website CoveredCA.com. (<http://www.CoveredCA.com>) See other viable health insurance options and information for students at <http://health.sfsu.edu/content/domestic-health-insurance> (<http://health.sfsu.edu/content/domestic-health-insurance/>).

Student Health Services CANNOT assume responsibility for payment of outside medical care, including ambulance services.

## Recommended Immunizations

Please visit the "Vaccinate before you graduate" website for the CDC recommendations: [www.cdc.gov/vaccines/who/teens/index.html](http://www.cdc.gov/vaccines/who/teens/index.html) (<http://www.cdc.gov/vaccines/who/teens/>).

## Campus Information for Required Immunizations

Entering CSU students are required to present proof of the following immunizations to the **SF State Registrar's Office**.

**Measles, Mumps, and Rubella (MMR):** Two (2) doses with first dose on or after 1st birthday; OR positive titer (laboratory evidence of immunity to disease).

**Hepatitis B (Hep B):** All new students who will be 18 years of age or younger at the start of their first term at a CSU campus must provide proof of full immunization against Hepatitis B.

**Varicella (Chickenpox):** Two (2) doses with first dose on or after 1st birthday; OR positive titer (laboratory evidence of immunity to disease) prior to enrollment.

**Tetanus, Diphtheria, Pertussis (Tdap):** One (1) dose after age 7.

**Meningococcal conjugate (Serogroups A, C, Y, & W-135):** One (1) dose on or after 16 for all students and age 21 or younger.

**Tuberculosis Screening/Risk Assessment:** All incoming students must complete a Tuberculosis risk questionnaire. Incoming students who are at higher risk\* for TB infection, as indicated by answering "yes" to any of the screening questions, should undergo either skin or blood testing for TB infection within one year of CSU entry.

*\*Higher risk include travel or living in South or Central America, Africa, Asia, Eastern Europe, and the Middle East; prior positive TB test; or exposure to someone with active TB disease.*

Prospective SF State students should send their completed "proof of immunization form"<sup>1</sup> of the REQUIRED immunizations to the **SF State**

**University Registrar's office.** The form can be downloaded at <http://health.sfsu.edu/content/vaccinations-and-immunizations#Required-Immunizations> (<http://health.sfsu.edu/content/vaccinations-and-immunizations/#Required-Immunizations>)

*If you have any questions about the required immunizations, please contact the **University Registrar's Office** at (415) 338-2350.*

University Registrar's Office, One Stop Student Services Center  
San Francisco State University  
1600 Holloway Avenue  
San Francisco, CA 94132  
Phone: (415) 338-2350  
Fax: (415) 338-0588  
Contact: <http://registrar.sfsu.edu/help> (<http://registrar.sfsu.edu/help/>)

<sup>1</sup>*Immunization records are not saved by the Registrar. **Remember to keep copies!***