

STUDENT HEALTH SERVICE

San Francisco State University Student Health Services provides accessible and low-cost quality health care to all SF State students. Our goal is to help students develop the skills and knowledge to manage their health.

The Student Health Service is next to the Ethnic Studies and Psychology Building, directly across the pathway from Burk Hall, and east of the Student Services Building.

Staff includes board-certified physicians and nurse practitioners, psychiatrists, pharmacists, registered nurses, a nutritionist, an athletic trainer, an X-ray technologist, and laboratory and clinical support staff.

SHS adheres to the CSU Policy of the Board of Trustees on Student Health Services (Executive Order 943) and is accredited by the Accreditation Association for Ambulatory Health Care (AAAHHC).

Year-Round Operating Hours (closed evenings and weekends)

Monday–Tuesday–Thursday–Friday: 8:30 a.m. – 4:45 p.m.

Wednesday: 10:00 a.m. – 4:45 p.m.

Student Health Services is closed on official University holidays. A Nurse Advice Line is available for medical advice when the Student Health Center is closed.

Contacts

myHealth: <http://shs.sfsu.edu>

- To schedule appointments online
- To cancel appointments online
- Lab Test results, Immunization records
- Secure messages and handouts from SHS providers
- Prescription refills – click on messages

Emergencies on campus: (415) 338-2222

Emergencies off campus: 911

SHS Information: (415) 338-1251

Appointments online: health.sfsu.edu (<http://health.sfsu.edu>); **myHealth** (<http://shs.sfsu.edu>)

Appointments by phone: (415) 338-1251

Cancellations by phone: (415) 338-1251 (day)

Cancellations via myHealth: health.sfsu.edu; (<http://health.sfsu.edu>) **myHealth** (<http://shs.sfsu.edu>)

After Hours Nurse Advice: (415) 338-1251, Press 1

Comments: Feedback@sfsu.edu

Website: <http://health.sfsu.edu>

Confidentiality of Medical Information

Student Health Services medical records are confidential. Information will not be released without written consent except as required by law.

Eligibility

All SF State students who pay the mandated Student Health Fee (<http://health.sfsu.edu/content/new-student-frequently-asked-questions/#WhatIsTheStudentHealthFee>) can receive health services at SHS. A current student ID must be shown before receiving services.

Student Health Services appreciates the diversity of human beings and welcomes students of any race, color, national origin, age, religion, ability, marital status, sex, sexual orientation, and gender identity or expression.

Medical Services

Medical services at Student Health Services are funded by the Student Health Fee (<http://health.sfsu.edu/content/new-student-frequently-asked-questions/#WhatIsTheStudentHealthFee>). The Student Health Center is closed evenings, weekends, and holidays observed by the campus. A Nurse Advice Line is available for medical advice when the Student Health Center is closed.

Lab tests, immunizations/shots, and pharmacy services are charged for the cost of the service plus a handling fee.

Medical services include basic care for new and short-term health conditions, illnesses, injuries, and appointments with medical providers. Students with chronic medical conditions need to establish care with a primary care provider in their community.

Lab & X-ray services that support basic care at Student Health Services.

Gynecological services include evaluation and treatment of gynecological problems, wellness exams, birth control education, birth control prescriptions, emergency contraception, IUDs, Implants, and evaluation and treatment of sexually transmitted infections (STIs) for female-bodied students.

Family Planning, Access, Care, & Treatment (Family PACT) enrollment for eligible SF State students seeking family planning services including birth control and emergency contraception. If SF State students qualify for Family PACT under the State of California program guidelines they can enroll at their first appointment at SHS.

Immunization services include immunizations, shots, and vaccines for the prevention and control of common communicable diseases.

Pharmacy: Most SHS and outside physician prescribed medications can be filled at the SHS Pharmacy. The Pharmacy accepts many health insurance plans, and medications are low cost. Over-the-counter medications (<https://health.sfsu.edu/content/pharmacy-services/#OTCs>) are available without a prescription at the SHS Pharmacy.

Nutrition services including individual appointments and group/classroom presentations on sports nutrition, weight management, a vegetarian diet, and nutrition assessment.

Mental health services including short-term psychiatric care and medication management and information on campus and community resources.

Specialty Services

Fees are charged for specialty services.

Immunizations/shots or lab tests

Rehabilitation services with Student Health Services Athletic Trainer and the Physical Therapist when available.

Graduated Students

Students nearing graduation should seek alternate health care providers to ensure continuity of care. Family PACT services should be sought at Family PACT clinics in the community.

Care to Non-Students

First aid services are available to all SF State staff, faculty, and visitors (per CSU Executive Order 943).

No Show Fee

Due to high patient demand and the limited availability of appointments, students must give advance notice to cancel an appointment or they will be charged a \$20 no-show fee. Students can cancel their appointment online at myHealth (<http://shs.sfsu.edu>) or by calling (415) 338-1251 during clinic hours.

Health Insurance

Student Health Service strongly encourages students to obtain health insurance coverage. Students may need to use community services such as specialty services and testing (e.g., MRI), emergency care, or care for acute illnesses or injuries when SHS is not open.

Students can purchase a health insurance plan including Medi-Cal through Covered CA at their website [CoveredCA.com](http://www.CoveredCA.com) (<http://www.CoveredCA.com>)

Student Health Services CANNOT assume responsibility for payment of outside medical care including ambulance services.

Recommended Immunizations

Please visit the "Vaccinate before you graduate" website for the CDC recommendations: www.cdc.gov/vaccines/who/teens/index.html (<http://www.cdc.gov/vaccines/who/teens>).

Meningococcal Disease Information: Each incoming freshman who will be residing in on-campus housing will be required to return a form to the **University Housing Business Office** indicating that they have received information about meningococcal disease, the availability of the vaccine to prevent contracting the disease, and indicating whether or not the student has chosen to receive the vaccination.

Campus Information for Required Immunizations

Entering CSU students are required to present proof of the following immunizations to the **SF State Registrar's Office**.

Measles and Rubella

All new and readmitted students must provide proof of full immunization against measles and rubella.

Hepatitis B

All new students who will be 18 years of age or younger at the start of their first term at a CSU campus must provide proof of full immunization against Hepatitis B.

Prospective SF State students should send their completed "proof of immunization form"¹ of the REQUIRED immunizations to the **SF State University Registrar's office**. The form can be downloaded at <http://health.sfsu.edu/content/vaccinations-and-immunizations#Required-Immunizations>

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*If you have any questions about required immunizations, please contact the **University Registrar's Office** at (415) 338-2350.*

University Registrar's Office, One Stop Student Services Center
San Francisco State University
1600 Holloway Avenue
San Francisco, CA 94132
Phone: (415) 338-2350
Fax: (415) 338-0588
Contact: <http://registrar.sfsu.edu/help>

¹*Immunization records are not saved by the Registrar. Remember to keep copies!*