CHILD & ADOLESCENT DEVELOPMENT (CAD)

CAD 120 Child Development, Social Justice, and Academic Success (Units: 3)
Prerequisite: Restricted to freshmen.
Focus on educational and social justice for child and adolescent development. General education skills, writing, oral communication, critical thinking, and quantitative reasoning, are systematically reinforced. (Plus-minus letter grade only)

Course Attributes:
- E1: Lifelong Learning Develop
- C2: Humanities
- Am. Ethnic & Racial Minorities
- Global Perspectives
- Social Justice

CAD 210 Introduction to Applied Child and Adolescent Development (Units: 3)
Prerequisite: ENG 114 or equivalent.
Study of the growth and development of children from prenatal through adolescence. Physical, cognitive, linguistic, social, moral and emotional aspects of development with attention to both typical and atypical development in each area are discussed. Focus on the influences of culture, family, environment, and abuse/neglect. Introduction to an application of development knowledge to best inform practices and interactions with infants, children, and adolescents. (Plus-minus letter grade only)

Course Attributes:
- D1: Social Sciences

CAD 215 Foundations in Early Childhood (Units: 3)
Prerequisite: ENG 114 or equivalent or consent of instructor. Priority enrollment for freshmen and sophomores.
Observation of teachers and children under the age of five years in a quality licensed center or program. Foundations and best practices in early childhood education. (Plus-minus letter grade only)

CAD 260 Children, Families, and Community: An Ecological Perspective (Units: 3)
Prerequisite: ENG 114 or equivalent or consent of instructor.
Understanding children, families, and community from an ecological perspective. Emphasis on the contribution of basic and applied research to development in relation to family and community.

Course Attributes:
- E1: Lifelong Learning Develop
- D1: Social Sciences
- Am. Ethnic & Racial Minorities
- Global Perspectives
- Social Justice

CAD 265 Jumpstart: Mentoring Young Children (Units: 3)
Prerequisite: Enrollment in Jumpstart program.
Models of early childhood intervention are explored, with emphasis on Jumpstart For Young Children model. Topics include: developmentally appropriate child-centered activities to enhance learning, positive adult-child interactions, family involvement. [CSL may be available]

CAD 266 Jumpstart: Developing Literacy Skills in Young Children (Units: 3)
Prerequisite: Enrollment in Jumpstart program.
Training and experience for students working with young children in preschool settings in the development of literacy activities for young children and their families. [CSL may be available]

CAD 400 Community Youth Development (Units: 3)
Prerequisites: Upper division standing; restricted to Child and Adolescent Development majors; ENG 214, CAD 210, CAD 260, or equivalents.
Introduction to youth and community development, emphasizing community supports and opportunities for healthy youth development. Theories and research used to construct a framework for youth development; program models and legislation examined. As part of course work, students will work off-campus with a local youth/community program. (Plus-minus letter grade only) [CSL may be available]

CAD 410 Applied Child and Youth Development (Units: 3)
Prerequisites: Restricted to Child and Adolescent Development majors; ENG 214, CAD 210, CAD 260, or equivalents.
Understanding of child and adolescent development based upon research and particularly its application to practice. Current and emerging issues associated with the promotion of child and youth development will be reviewed. (Plus-minus letter grade only)

CAD 430 Experiential and Activity Based Learning Seminar (Units: 2)
Prerequisites: Restricted to Child and Adolescent Development majors; ENG 214, CAD 210, CAD 260, or equivalents; concurrent enrollment in CAD 431.
Development and implementation of an experiential learning activity for youth; incorporation of foundations of the youth development model. (Plus-minus letter grade only) [CSL may be available]

CAD 431 Experiential and Activity Based Learning Practice (Units: 2)
Prerequisites: Restricted to Child and Adolescent Development majors; ENG 214, CAD 210, CAD 260, or equivalents; concurrent enrollment in CAD 430.
125 hours of supervised youth work in the community to practice the development, implementation of experiential and activity based learning opportunities. (CR/NC grading only) [CSL may be available]
CAD 450 Understanding and working with Diverse Families (Units: 3)  
Prerequisites: Restricted to Child and Adolescent Development majors;  
ENG 214, CAD 210, CAD 260, or equivalents.  
Drawing on a variety of disciplines, examination of experiences of  
families; including family diversity, theories on families, and challenges  
families face; application in the areas of family engagement, involvement,  
and support. (Plus-minus letter grade only)  

CAD 460 Globalization and Family Relations (Units: 3)  
Prerequisites: Restricted to Child and Adolescent Development majors;  
ENG 214, CAD 210, CAD 260, or equivalents.  
Examination of the concepts of globalization, migration, and  
transnationalism to understand families and family relations within the  
larger context of cultural and social influences. (Plus-minus letter grade  
only)  

Course Attributes:  
- Global Perspectives  

CAD 500GW Action Research Methods in Child and Adolescent  
Development - GWAR (Units: 3)  
Prerequisites: Restricted to Child and Adolescent Development majors;  
ENG 214 or equivalent with a grade of C- or better, CAD 210 and CAD 260  
or equivalents with grades of C or better, and CAD 410 with a grade of C or  
better.  

Introduction to action research, including design and methodology of  
research studies and principles of action research. Students will develop  
a systematic plan to address social problems that affect children, youth,  
and families. (ABC/NC grading only)  

Course Attributes:  
- Graduation Writing Assessment  

CAD 510 Adult Supervision and Leadership in Early Childhood Programs  
(Units: 3)  
Prerequisites: Restricted to Child and Adolescent Development majors;  
ENG 214 or equivalent, CAD 210, CAD 215, CAD 260, or equivalents.  
Exploration of adult supervision, administration and leadership in early  
childhood programs from theoretical and personal perspectives. (Plus- 
minus letter grade only)  

CAD 525 Honors Seminar in Child and Adolescent Development (Units: 3)  
Prerequisite: Restricted to upper division Child and Adolescent  
Development majors.  
Examination of theory, research, and practice in child and adolescent  
development that can be applied to international, national, and local  
contexts. (Plus-minus letter grade only)  

CAD 540 Ethics and Principles in Serving Youth (Units: 3)  
Prerequisites: Restricted to Child and Adolescent Development majors;  
ENG 214, CAD 210, CAD 260, or equivalents.  
Understanding of practice and service provision, key ethical issues, the  
values that underpin them, and how youth work can be professionally  
conducted; ethics within the framework of ecological model. (Plus-minus  
letter grade only)  

CAD 600 Child and Adolescent Development Internship Seminar (Unit: 1)  
Prerequisites: Restricted to senior Child and Adolescent Development  
majors; Completion of 30 units in major with grades of C or better;  
approval of internship application; concurrent enrollment in CAD 601.  

Capstone course. Analysis and discussion of agencies that serve  
children, youth, and families with regard to professional competencies,  
standards and ethics, leadership, organizational structure and  
functioning. Prepares students for professional employment in the field  
of child and adolescent development. (Plus-minus letter grade only)  

CAD 601 Child and Adolescent Development Internship (Units: 2)  
Prerequisites: Restricted to senior Child and Adolescent Development  
majors; completion of 36 units in major with grades of C or better;  
approval of internship application; must be taken concurrently with  
CAD 600.  

Supervised experience in educational institutions, health and human  
service agencies, and organizations that serve children, youth, and  
families. (CR/NC grading only)  

CAD 610 Early Childhood Internship Seminar (Unit: 1)  
Prerequisites: Restricted to senior Child and Adolescent Development  
majors with a concentration in Early Childhood; completion of 150  
supervised and documented hours working (paid or volunteer) in a  
licensed center; approval of internship application; CAD 215 or equivalent;  
concurrent enrollment in CAD 611.  

Preparation for professional employment in organizations that serve  
young children and their families; discussion of issues with peers,  
reflection of initial classroom practices, identification of teaching  
strengths and weaknesses, and enhancement of own professional  
development. (Plus-minus letter grade only)  

CAD 611 Early Childhood Internship (Units: 2)  
Prerequisites: Restricted to senior Child and Adolescent Development  
majors with Early Childhood concentration; completion of 150 supervised  
and documented hours working (paid or volunteer) in a licensed center;  
approval of internship application; CAD 215 or equivalent; concurrently  
enrollment in CAD 610.  

Preparation for professional employment in organizations that serve  
young children and their families; evaluation based on growth and  
development within standards, competencies and practices to best  
support development outcomes of children and management of  
classroom environments. (CR/NC only)  

CAD 625 Children, Youth, and Public Policy (Units: 3)  
Prerequisites: Restricted to Child and Adolescent Development majors;  
ENG 214, CAD 210, CAD 260, or equivalents.  
Overview of how public policies for services for children and youth are  
developed, adopted, and implemented; policy process and historical and  
current policy issues in areas of education and child care. (Plus-minus  
letter grade only; CR/NC not allowed)  

CAD 630 Youth Work and Out of School Time Internship Seminar (Unit: 1)  
Prerequisites: Restricted to senior Child and Adolescent Development  
majors with a concentration in Youth Work; approval of internship  
application; concurrent enrollment with CAD 631.  

Reflection on CAD 631 experience; sharing experiences; enhancing tools  
to promote professional development. (Plus-minus letter grade only)
**CAD 631 Youth Work and Out of School Time Internship (Units: 3)**
Prerequisites: Restricted to senior Child and Adolescent Development majors with a concentration in Youth Work; approval of internship application, concurrent enrollment with CAD 630.

175 hours of supervised youth work in the community. The experience will be guided by measurable goals that are relevant to the community site and students' aspiration. (Plus-minus letter grade only)

**CAD 640 Policy, Advocacy, and Systems Capstone Experience (Units: 4)**
Prerequisites: Restricted to senior Child and Adolescent Development majors with a concentration in Policy, Advocacy, and Systems.

Synthesize, integrate, and apply the knowledge students have gained during their previous coursework in the major. Learning experiences include a community service learning volunteer placement and completion of an online portfolio of academic work. (Plus-minus letter grade only)

**CAD 650 Child Advocacy (Units: 3)**
Prerequisites: Restricted to Child and Adolescent Development majors; ENG 214, CAD 210, CAD 260, or equivalents.

Effective advocacy for children in a variety of settings: organizations, communities, human services systems, regional government, and legislatures. Strategies learned in class will be applied to real-life issues in a community service learning component. [CSL may be available]

**CAD 680 International Field Study in Child and Adolescent Development (Units: 3)**
Prerequisite: Child and Adolescent Development majors with a minimum grade point average of 3.0 or consent of instructor.

Comparison of child development programs and settings in international venues with that of the U.S. Involves travel as a group for 2 to 3 weeks to selected countries outside the U.S. May be repeated for a total of 6 units.

**CAD 685 Projects in the Teaching of CAD (Units: 1-4)**
Prerequisites: Consent of instructor; grade of B+ or better in course assisting.

Instructional aides have opportunity to increase knowledge of course topic and understanding of teaching and learning. Provide assistance to students in class activities. (Students may earn a maximum of 4 units toward the baccalaureate degree for any course(s) numbered 685 regardless of discipline.)

**CAD 699 Independent Study (Units: 1-4)**
Prerequisites: Upper division standing; consent of instructor and major adviser.

An intensive study of a particular issue in child and adolescent development selected by the student. Enrollment by petition. May be repeated for a total of 6 units.

**CAD 9004 Cultivating Awareness and Resilience in Education (CARE) (3CEU) (Units: 3)**
The goal of the Cultivating Awareness and Resilience in EducationTM (CARE) Teacher Training is to help teachers develop these inner resources which will help them deal with daily stresses and to give them the tools to provide the support their pupils need in order to overcome difficulties and flourish, socially, emotionally, and academically. The CARE Training combines training in contemplation, emotion awareness training, and instruction and practice on how to apply these skills to how one teaches.