# Bachelor of Arts in History - Quantitative Reasoning Category I/II and Stretch English

120 Total Units Required  
Minimum Number of Units in the Major: 39

This roadmap is a suggested plan of study and does not replace meeting with an advisor. Please note that students may need to adjust the actual sequence of courses based on course availability. Please consult an advisor in your major program for further guidance.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Semester</strong></td>
<td></td>
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<tr>
<td>ENG 104</td>
<td>Writing the First Year: Finding Your Voice Stretch I</td>
<td>3</td>
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<tr>
<td></td>
<td>Select One (Major Lower-Division Core):</td>
<td>3</td>
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<tr>
<td>HIST 114</td>
<td>World History to 1500 (D1, GP)</td>
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<tr>
<td>HIST 115</td>
<td>World History Since 1500 (D1, GP)</td>
<td></td>
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<tr>
<td>HIST 120</td>
<td>History of the U.S. through Reconstruction (D2, USH)</td>
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<tr>
<td>HIST 121</td>
<td>History of the U.S. since Reconstruction (D2, USH)</td>
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<tr>
<td>GE Area A</td>
<td></td>
<td>3</td>
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<tr>
<td>GE Area B: Quantitative Reasoning (B4)</td>
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<td>3</td>
</tr>
<tr>
<td>GE Area D: U.S. and California Government (D3)</td>
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<td>3</td>
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<tr>
<td><strong>Units</strong></td>
<td></td>
<td>15</td>
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| **Second Semester** | | |
| ENG 105 | Writing the First Year: Finding Your Voice Stretch II (A2) | 3 |
| | Select One (Major Lower-Division Core): | 3 |
| HIST 114 | World History to 1500 (D1, GP) | |
| HIST 115 | World History Since 1500 (D1, GP) | |
| HIST 120 | History of the U.S. through Reconstruction (D2, USH) | |
| HIST 121 | History of the U.S. since Reconstruction (D2, USH) | |
| GE Area A | | 3 |
| GE Area C | | 3 |
| GE Area E | | 3 |
| Complementary Studies or SF State Studies or University Elective | | 4 |
| **Units** | | 15 |

| **Third Semester** | | |
| Select One (Major Lower-Division Core): | 3 |
| HIST 114 | World History to 1500 (D1, GP) | |
| HIST 115 | World History Since 1500 (D1, GP) | |
| HIST 120 | History of the U.S. through Reconstruction (D2, USH) | |
| HIST 121 | History of the U.S. since Reconstruction (D2, USH) | |
| GE Area B: Physical Science (B1) and Laboratory Science (B3) | | 3-4 |
| GE Area C | | 3 |
| GE Area E | | 3 |
| Complementary Studies or SF State Studies or University Elective | | 4 |
| **Units** | | 15-16 |

| **Fourth Semester** | | |
| Lower-Division Core Option - Select One | 3 |
| GE Area B: Life Science (B2) and Laboratory Science (B3) | | 3-4 |
| GE Area C | | 3 |
| Complementary Studies or SF State Studies or University Elective - Take Two | | 6 |
| **Units** | | 15-16 |

| **Fifth Semester** | | |
| HIST 300GW | Seminar in Historical Analysis - GWAR (Major Upper-Division Core) | 3 |
| Major Elective - Breadth Requirement - Take Two | | 7,8 |
| GE Area UD-D: Upper-Division Social Sciences (Consider SF State Studies Course) | | 3 |
| Complementary Studies or SF State Studies or University Elective - Take Two | | 6 |
| **Units** | | 15-16 |

| **Sixth Semester** | | |
| Major Elective - Breadth Requirement - Take Two | | 7,8 |
| GE Area UD-C: Upper-Division Arts and/or Humanities (Consider SF State Studies Course) | | 3 |
| Complementary Studies or SF State Studies or University Elective - Take Two | | 6 |
| **Units** | | 15 |

| **Seventh Semester** | | |
| Major Elective (21 units) – Take Two | | 7 |
| GE Area UD-B: Upper-Division Physical and/or Life Sciences (Consider SF State Studies Course) | | 3 |
| Complementary Studies or SF State Studies or University Elective - Take Two | | 6 |
| **Units** | | 15 |
Eighth Semester

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>HIST 696</td>
<td>Proseminar</td>
<td>3</td>
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<tr>
<td>Major Elective (21 units) – Take One</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Complementary Studies or SF State Studies or University Elective</td>
<td>- Take Three</td>
<td>9</td>
</tr>
</tbody>
</table>

Total Units 15

1. ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select ENG 114 if you choose ENG 104/ENG 105 through DSP you will satisfy A2 upon successful completion of ENG 105 in the second semester; multilingual students may be advised into alternative English courses.

2. To avoid taking additional units, it is recommended that you meet SF State Studies requirements (AERM, GP, ES, SJ) within your GE.

3. Depending on courses completed through Early Start, students in Pathway/Category III or IV may be required to enroll in a support course to complement their Quantitative Reasoning/B4 requirement. There are multiple course options for this pathway. Before enrolling in a B4 course, students should verify their MATH Pathway/Category in their Student Center. Information regarding the courses that correspond with your MATH Pathway/Category can be found on the Developmental Studies Office Website.

4. Complementary Studies:
   All candidates for the Bachelor of Arts in History are required to complete 12 units of Complementary Studies. The History Department will accept Complementary Studies in any of four distinct paths outlined below from courses with a prefix other than HIST, and not cross-listed with HIST. These units can be earned in residence at San Francisco State, in a Study Abroad Program, or transferred.
   1. Within an established minor students will satisfy Complementary Studies by completing 12 units from a single minor. Of these 12 units, a maximum of 6 units may be lower-division.
   2. Foreign Language: Students must complete 12 units in a single foreign language.
   3. Study Abroad: Students must successfully pass 12 units with any prefix in a CSU or SF State supported study abroad program.
   4. Flexibility Option: Students, in consultation with an advisor, may choose 12 upper-division units in courses with a prefix other than HIST, and not cross-listed with HIST.

   Students who have earned AA–T or AS–T degrees and are pursuing a similar B.A. degree at SF State are required to fulfill the Complementary Studies requirement as defined by the major department. Students should consult with a major advisor about how transfer units and/or SF State units can best be applied to this requirement in order to ensure degree completion within 60 units.

5. Consider taking a class with a combined laboratory or a separate lab to fulfill B3 if not already satisfied.

6. Lower-Division Core Option:
   Select one course, not including any used to satisfy the above requirement:
   - HIST 101 Critical Thinking in History (3 units) (A3, SJ)
   - HIST 102 Introduction to Oral History (3 units)
   - HIST 103 The History of Me (3 units) (E, SJ)
   - HIST 110 History of Western Civilization I (3 units) (C2, GP)
   - HIST 111 History of Western Civilization II (3 units) (C2, GP)
   - HIST 114 World History to 1500 (3 units) (D1, GP)
   - HIST 115 World History Since 1500 (3 units) (D1, GP)
   - HIST 120 History of the U.S. through Reconstruction (3 units) (D2, USH)
   - HIST 121 History of the U.S. since Reconstruction (3 units) (D2, USH)

7. Electives (21 units)
   Students must take seven additional upper-division History courses outside of the core. The upper-division breadth requirements are completed within these elective units. Three upper-division units (normally one course) outside the major (with a non-HIST prefix) may be counted upon advisement. Students may take additional courses as electives if they choose.
Upper-Division Breadth Requirements

Students must complete the following four Breadth requirements within their upper-division course of study. Courses used to satisfy one geographic requirement (B, C, or D) may not be used to satisfy another geographic requirement. The course used to satisfy the relatively Early Period of History - Before 1750 requirement (A) may also satisfy one of the geographic requirements (B, C, and D).

**Breadth Requirement A: One upper-division course in relatively Early Periods of History - Before 1750**

- HIST 307 Monsters & Monstrosity: Historicizing Fear (3 units) (UD-C, GP)
- HIST 310 Ancient Near East: Cities and Empires in Ancient Mesopotamia (3 units)
- HIST 320 Archaic and Classical Greece (3 units) (UD-C, GP)
- HIST 321 Hellenistic Greece (3 units)
- HIST 322 The Roman Republic (3 unit)
- HIST 323 Imperial Rome (3 units)
- HIST 324/CLAR 324 Greek and Roman Coins in Historical Context (3 units)
- HIST 325 Late Antiquity (3 units)
- HIST 326/MGS 510/CLAS 510 The Byzantine Empire (3 units)
- HIST 327 The Medieval Mediterranean (3 units) (UD-C, ES, GP)
- HIST 328 Pagans and Christians in a Changing Roman World (3 units)
- HIST 329 Early Christian Church 313-787 (3 units)
- HIST 330/HUM 403 The Early Middle Ages (3 units)
- HIST 331/HUM 404 The High Middle Ages (3 units)
- HIST 332/JS 632 Jewish History I: Beginnings to 1650 (3 units) (UD-C, GP)
- HIST 334 The Renaissance (3 units)
- HIST 336 The Reformation (3 units) (UD-D, GP)
- HIST 337 Knowing and Unknowing in Early Modern Europe (3 units)
- HIST 338 Europe and the Wider World 1348-1768 (3 units) (UD-D, GP, SJ)
- HIST 357 Colonial Latin America (3 units)
- HIST 359 Central America and the Caribbean (3 units)
- HIST 360 Ancient Chinese Civilization (3 units) (UD-D, GP)
- HIST 361 Imperial China (3 units) (UD-D, GP)
- HIST 370/CLAS 582/HUM 582 Tales from Ancient India: Hinduism and Buddhism (3 units) (UD-C, GP)
- HIST 371 Islam In South Asia: From 1000 A.D. to the Present (3 units)
- HIST 380 Islamic World I: 500-1500 (3 units) (UD-C, GP)
- HIST 420 American Colonial History (3 units) (USH)

**Breadth Requirement B: One upper-division course that focuses primarily on U.S. history**

- HIST 302 Doing Local History (3 units)
- HIST 303 Introduction to Oral and Public History: The Bay Area (3 units)
- HIST 405 Maritime History (3 units) (UD-C, ES, GP, SJ)
- HIST 416/JS 548 The Jewish Sixties: A Journey Through The Social Protest Movements of the 1960s (3 units) (AERM, SJ)
- HIST 418 Society and Politics in American History (3 units) (USH, AERM, SJ)
- HIST 420 American Colonial History (3 units) (USH)
- HIST 421/JS 421 Food Fights: The Politics of American Jewish Consumption from 1654 to the Present (3 units)
- HIST 422 The American Revolution (3 units)
- HIST 424 History of the United States: Civil War and Reconstruction (3 units)
- HIST 426 History of the United States 1877-1916 (3 units)
- HIST 427 History of the United States 1916-1945 (3 units)
- HIST 428 History of the United States Since 1945 (3 units)
HIST 441/JS 441/HUM 441 American Jews and Popular Culture (3 units) (AERM)
HIST 449/JS 449 American Jewish History (3 units) (UD-C, USH, AERM, SJ)
HIST 450 History of California (3 units) (CSLG, UD-D)
HIST 451/A U 303 Bay Area History and Society (3 units) (UD-D, AERM, SJ)
HIST 460 The United States and the World Before 1913 (3 units)
HIST 461 The United States and the World after 1913 (3 units)
HIST 464 American Ethnic and Racial Relations to 1890 (3 units) (UD-C, AERM, GP, SJ)
HIST 465 American Ethnic and Racial Relations II: 1890-Present (3 units) (UD-C, USH, AERM, GP, SJ)
HIST 466/RRS 600 History of People of Color in the U.S. (3 units) (UD-D, USH, AERM, SJ)
HIST 467 Women in the U.S. to 1890 (3 units)
HIST 468 Women in the U.S.: 1890-Present (3 units) (UD-D, AERM, SJ)
HIST 469 American Childhoods: Past and Present (3 units) (UD-D)
HIST 470 The U.S. Constitution to 1896 (3 units) (UD-C, CSLG, USH, USG, AERM, SJ)
HIST 471 The U.S. Constitution Since 1896 (3 units) (UD-C, CSLG, USH, USG, AERM, SJ)
HIST 472 The Courts, Politics and Social Change in U.S. History 1880-2000 (3 units)
HIST 473/RRS 473/LABR 473 Unfree Labor in Early America (3 units)
HIST 474/ECON 474/LABR 474 History of Labor in the United States (3 units)
HIST 475 History of Sexuality in the United States Before 1900 (3 units) (USH, SJ)
HIST 478 American Popular Culture History: Barnum to Reality TV (3 units) (UD-C, USH, AERM)
HIST 479 The History of Baseball (3 units) (UD-C)
HIST 480/HUM 480 Thought and Culture in America to 1880 (3 units)
HIST 481/HUM 481 Thought and Culture in America: 1880 to the Present (3 units)
HIST 482 Religion in America (3 units) (USH)
HIST 484 Disability and Culture in the U.S. (3 units) (UD-C, USH, SJ)
HIST 485 History of Sexuality in the United States Since 1900 (3 units) (USH, SJ)
HIST 489/USP 400 Dynamics of the American City (3 units) (UD-D, SJ)
HIST 490 Topics in American History (3 units)

**Breadth Requirement C:** One upper-division course that focuses primarily on a region outside of the U.S. and that includes Europe (Africa, Asia, Europe, Latin America and the Caribbean, and/or the Middle East)

HIST 310 Ancient Near East: Cities and Empires in Ancient Mesopotamia (3 units)
HIST 311 Ancient Mediterranean World in Transition: c. 1600-700 BCE (3 units)
HIST 313 Comparative History of Love and Sexuality (3 units)
HIST 315/HUM 315 History of Science from the Scientific Revolution (3 units) (UD-C, ES, GP)
HIST 317/JS 317 The Holocaust and Genocide (3 units)
HIST 320 Archaic and Classical Greece (3 units) (UD-C, GP)
HIST 321 Hellenistic Greece (3 units)
HIST 322 The Roman Republic (3 units)
HIST 323 Imperial Rome (3 units)
HIST 324/CLAR 324 Greek and Roman Coins in Historical Context (3 units)
HIST 325 Late Antiquity (3 units)
HIST 326/MGS 510/CLAS 510 The Byzantine Empire (3 units)
HIST 327 The Medieval Mediterranean (3 units) (UD-C, ES, GP)
HIST 328 Pagans and Christians in a Changing Roman World (3 units)
HIST 329 Early Christian Church 313-787 (3 units)
HIST 330/HUM 403 The Early Middle Ages (3 units)
HIST 331/HUM 404 The High Middle Ages (3 units)
HIST 332/JS 632 Jewish History I: Beginnings to 1650 (3 units) (UD-C, GP)
HIST 334 The Renaissance (3 units)
HIST 335/JS 633 Jewish History II: 1650 to Present (3 units) (UD-C, GP)
HIST 336 The Reformation (3 units) (UD-D, GP)
HIST 337 Knowing and Unknowing in Early Modern Europe (3 units)
HIST 338 Europe and the Wider World 1348-1768 (3 units) (UD-D, GP, SJ)
HIST 339 Pirates and Piracy (3 units)
HIST 342 French Revolution and Napoleon (3 units)
HIST 343 Soviet Russia, the West, and the Cold War (3 units)
HIST 344 Society, Culture, and Politics in Nineteenth-Century Europe (3 units)
HIST 345 The Era of Globalization 1968-2008 (3 units) (GP)
HIST 346/I R 346 Recent European History (3 units)
HIST 347 Women in Modern Europe (3 units) (UD-C, GP, SJ)
HIST 348/HUM 348 Thought and Culture in Modern Europe (3 units)
HIST 349 Topics in European History (3 units)
HIST 350/MGS 350 Greece and the Balkans (3 units)
HIST 352/MGS 352 From Glory to Debt: Greece from the 19th to the 21st Centuries (3 units)
HIST 353 History of Mexico (3 units)
HIST 354 History of Brazil (3 units)
HIST 355/WGS 355/LTNS 533 History of Women in Latin America (3 units)
HIST 356 Social Change in Modern Latin America (3 units)
HIST 357 Colonial Latin America (3 units)
HIST 358 Central America and the Caribbean (3 units)
HIST 359 Ancient Chinese Civilization (3 units) (UD-D, GP)
HIST 360 Imperial China (3 units) (UD-D, GP)
HIST 361 Imperial China (3 units) (UD-D, GP)
HIST 362 History of Modern China (3 units)
HIST 363 Taiwan: History, Memory and Imagination (3 units) (UD-C, ES, GP)
HIST 364 Sex and Gender in East Asia (3 units) (UD-D, GP, SJ)
HIST 365 History of Japan (3 units)
HIST 366 History of Africa (3 units)
HIST 367 History of Africa (3 units)
HIST 368 Modern Africa (3 units) (UD-D, GP)
HIST 369 Gender in African History (3 units) (UD-D, GP)
HIST 370/HUM 582/CLAS 582 Tales from Ancient India: Hinduism and Buddhism (3 units) (UD-C, GP)
HIST 371 Islam in South Asia: From 1000 A.D. to the Present (3 units)
HIST 372 India and the British Empire (3 units) (UD-C, GP, SJ)
HIST 373 India Since Gandhi (3 units) (UD-D, GP, SJ)
HIST 374/HUM 586 Bollywood and Beyond: Indian History Through Film (3 units)
HIST 375 History of Southeast Asia (3 units) (UD-D, GP)
HIST 376 History of Southeast Asia (3 units) (UD-D, GP)
HIST 377 Topics in Asian History (3 units)
HIST 378 Islamic World I: 500-1500 (3 units) (UD-C, GP)
HIST 380 Islamic World II: 1500 - Present (3 units)
HIST 381 Islamic World II: 1500 - Present (3 units)
HIST 382 History of Iran and Afghanistan 1500 - Present (3 units)
HIST 383 Imperialism and Nationalism in the Recent Near East (3 units)
HIST 384 The Russian Revolution (3 units)
HIST 385 International History 1814-1918 (3 units) (UD-D, GP)
HIST 386 Modern Africa (3 units) (UD-D, GP)
HIST 387/CLAS 582 Tales from Ancient India: Hinduism and Buddhism (3 units) (UD-C, GP)
HIST 388 Islamic World I: 500-1500 (3 units) (UD-C, GP)
HIST 389 Islamic World II: 1500 - Present (3 units)
HIST 390 Islamic World II: 1500 - Present (3 units)
HIST 391 History of Iran and Afghanistan 1500 - Present (3 units)
HIST 392 History of Iran and Afghanistan 1500 - Present (3 units)
HIST 393 Imperialism and Nationalism in the Recent Near East (3 units)
HIST 394 The Russian Revolution (3 units)
HIST 395 International History 1814-1918 (3 units) (UD-D, GP)
HIST 396 Modern Africa (3 units) (UD-D, GP)
HIST 397/CLAS 582 Tales from Ancient India: Hinduism and Buddhism (3 units) (UD-C, GP)
HIST 398 History of Modern European Imperialism (3 units) (UD-D, GP, SJ)
HIST 455 The Philippines and the United States (3 units) (UD-C, USH, AERM, GP, SJ)

Breadth Requirement D: One upper-division courses that focuses primarily on a region outside of the U.S. and Europe (Africa, Asia, Latin America and the Caribbean, and/or the Middle East)

HIST 310 Ancient Near East: Cities and Empires in Ancient Mesopotamia (3 units)
HIST 311 Ancient Mediterranean World in Transition: c. 1600-700 BCE (3 units)
HIST 353 History of Mexico (3 units)
HIST 354 History of Brazil (3 units)
HIST 355/WGS 355/LTNS 533 History of Women in Latin America (3 units)
HIST 356 Social Change in Modern Latin America (3 units)
HIST 357 Colonial Latin America (3 units)
HIST 358 Central America and the Caribbean (3 units)
HIST 360 Ancient Chinese Civilization (3 units) (UD-D, GP)
HIST 361 Imperial China (3 units) (UD-D, GP)
HIST 362 History of Modern China (3 units)
HIST 363 Taiwan: History, Memory and Imagination (3 units) (UD-C, ES, GP)
HIST 364 Sex and Gender in East Asia (3 units) (UD-D, GP, SJ)
HIST 365 History of Japan (3 units)
HIST 366 History of Africa (3 units)
HIST 367 History of Africa (3 units)
HIST 368 Modern Africa (3 units) (UD-D, GP)
HIST 370/HUM 582/CLAS 582 Tales from Ancient India: Hinduism and Buddhism (3 units) (UD-C, GP)
HIST 371 Islam in South Asia: From 1000 A.D. to the Present (3 units)
HIST 372 India and the British Empire (3 units) (UD-C, GP, SJ)
HIST 373 India Since Gandhi (3 units) (UD-D, GP, SJ)
HIST 374/HUM 586 Bollywood and Beyond: Indian History Through Film (3 units)
HIST 375 History of Southeast Asia (3 units) (UD-D, GP)
HIST 376 History of Southeast Asia (3 units) (UD-D, GP)
HIST 377 Topics in Asian History (3 units)
HIST 378 Islamic World I: 500-1500 (3 units) (UD-C, GP)
HIST 380 Islamic World II: 1500 - Present (3 units)
HIST 382 History of Iran and Afghanistan 1500 - Present (3 units)
HIST 383 Imperialism and Nationalism in the Recent Near East (3 units)
HIST 395 International History 1814-1918 (3 units) (UD-D, GP)
HIST 455 The Philippines and the United States (3 units) (UD-C, USH, AERM, GP, SJ)