

BACHELOR OF SCIENCE IN KINESIOLOGY: CONCENTRATION IN PHYSICAL EDUCATION - QUANTITATIVE REASONING CATEGORY I/II AND ENG 114

120 Total Units Required
Minimum Number of Units in the Major: 64

Course	Title	Units
First Semester		
MATH 124	Elementary Statistics	3
GE Area A: Oral Communication (A1) or Critical Thinking (A3) ¹		3
GE Area A: Written English Communication (A2) ²		3
GE Area C: Arts (C1) or Humanities (C2)		3
GE Area D: U.S. History (D2) or U.S. and California Government (D3)		3
	Units	15
Second Semester		
BIOL 100 & BIOL 101	Human Biology and Human Biology Laboratory	4
GE Area A: Written English Communication II (A4) or Written English Communication (A2) Stretch II		3
Movement Experience (5–7 Units Total) ³		1
GE Area A: Oral Communication (A1) or Critical Thinking (A3)		3
GE Area C: Arts (C1)		3
	Units	14
Third Semester		
BIOL 220 or BIOL 328	Principles of Human Anatomy or Human Anatomy	4
Movement Experience (5–7 Units Total) ³		1
GE Area A: Written English Communication II (A4) if not already satisfied or SF State Studies or University Elective		3
GE Area B: Physical Science (B1)		3
GE Area C: Humanities: Literature (C3)		3
	Units	14
Fourth Semester		
KIN 250	Introduction to Kinesiology	3
KIN 255	Health-Related Fitness and Wellness	3
Movement Experience (5–7 Units Total) ³		1
GE Area B: Life Science (B2) and Laboratory Science (B3) *if* Not Already Satisfied or SF State Studies or University Elective		3-4

GE Area D: U.S. History (D2) or U.S. and California Government (D3)		3
	Units	13-14
Fifth Semester		
KIN 251	Success in the Kinesiology Major	2
KIN 355	Science, Sport, and Fitness	3
KIN 384GW	Research Methods in Kinesiology - GVAR	3
Movement Experience (5–7 Units Total) ³		1
GE Area UD–C: Upper Division Arts and/or Humanities (Consider SF State Studies Course)		3
SF State Studies or University Elective		3
	Units	15
Sixth Semester		
KIN 240	Introduction to Teaching Physical Education	3
KIN 457	Culture, Gender and Movement	3
KIN 480	Anatomical Kinesiology	4
KIN 486	Motor Learning	3
SF State Studies or University Elective		3
	Units	16
Seventh Semester		
KIN 401 & KIN 402	Elementary School Physical Education: K-5 and Practicum in Physical Education, N-5	4
KIN 487	Motor Development	3
KIN 504	Sport and Exercise Psychology	3
Movement Experience (5–7 Units Total) ³		1
GE Area UD-D: Upper Division Social Sciences (Consider SF State Studies Course)		3
SF State Studies or University Elective		3
	Units	17
Eighth Semester		
KIN 489	History and Philosophy of Sport and Physical Activity	3
KIN 536	Movement for Individuals with Mild Disabilities	4
KIN 580	Middle and High School Physical Education: Grades 6-12	3
KIN 581	Practicum in Middle and High School Physical Education	1
Movement Experience (5–7 Units Total) ³		1

SF State Studies or University Elective	4
Units	16
Total Units	120-121

- ¹ To avoid taking additional units, it is recommended that you meet **LLD** and **SF State Studies** requirements (AERM, GP, ES, SJ) within your GE.
- ² ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select ENG 114; if you choose ENG 104/ENG 105 through DSP you will satisfy GE Area A2 upon successful completion of ENG 105 in the second semester; multilingual students may be advised into alternative English courses.
- ³ **Movement Experiences (5–7 Units)**
With prior approval of advisor, select five to seven basic activity courses (one unit each) to satisfy the distribution shown below. Selections should broaden the student’s personal movement and skill vocabulary.
 - Aquatics
 - Dance (which must include folk dance)
 - Martial Arts
 - Team Sports
 - Fitness
 - Instructional Analysis
 - KIN 305 Instructional Analysis: Track, Field, and Gymnastics Floor Activities (2 units)