

MASTER OF SCIENCE IN CLINICAL MENTAL HEALTH COUNSELING

The Clinical Mental Health Counseling program prepares counselors to address the wide array of intersecting psychosocial, cultural, vocational and systemic circumstances that are barriers to the health, wellness, and quality of life of those served. Clinical Mental Health Counseling students are trained to work with some of the most vulnerable, marginalized communities who experience disabling health and behavioral health conditions that are often complicated by histories of poverty, trauma, homelessness, substance abuse, oppression, and criminal justice involvement. Students entering our program are social-justice oriented, embrace difference and inclusion, exhibit a desire for ongoing self-examination, and are expected to continually work towards cultural and disability competency.

Trained through a biopsychosocial and pluralistic lens, students are oriented towards conceptualizing clients' multiple, intersecting identities, contexts, vulnerabilities, and assets, using contemporary classification systems relevant to today's practicing counselor. Students learn and apply a broad spectrum of traditional and post-modern theories and modalities, including the Mental Health Recovery Model, and are expected to integrate health promotion, wellness, and evidence-based practices into their work. Our program strives to graduate students who are not only therapeutically skilled and culturally competent counselors, advocates and clinical case managers, but who also understand and challenge the political, sociocultural, and systemic factors that negatively impact the health and well-being of our clients, their families, and their communities.

Students graduating from the Clinical Mental Health Counseling program work in a diverse range of community-based health and behavioral health organizations, agencies serving particular populations (e.g., LGBTQ, Transition Age Youth, College Students, Older Adults), or persons with specific conditions or circumstances (e.g., substance abuse, homelessness, HIV/AIDS, and other health or behavioral health conditions), county behavioral health agencies, hospital-affiliated programs, educational settings, state and federal institutions, and private practice. Graduates meet all the academic and pre-degree fieldwork requirements for the California Professional Clinical Counselor License (LPCC) as set forth in Section 4999.33 (http://leginfo.legislature.ca.gov/faces/codes_displayText.xhtml?lawCode=BPC&division=2.&title=&part=&chapter=16.&article=3) of the Business and Professional Code for Licensed Professional Clinical Counselors. To become an LPCC, graduates must obtain 3,000 post-graduate hours under a qualified supervisor, and pass the National Clinical Mental Health Counselor Examination (NCMHCE) and the California Law and Ethics Exam. Please refer to CALPCC (<http://calpcc.org>) for more information. Clinical Mental Health Counseling graduates are also positioned to become a Nationally Certified Counselor (NCC) (<http://nbcc.org>) and a Certified Rehabilitation Counselor (CRC) (<https://www.crccertification.com>).

Program Learning Outcomes

1. Human development. To understand concepts of normal development including physical, sexual, emotional, social, cultural, personality, cognitive, and career development; and to understand

concepts of abnormal development, including behavior disorders and substance abuse.

2. Theoretical Framework. To understand theories of counseling.
3. Generic Counseling. To provide knowledge and training in individual and group counseling methods; consultation and basic interviewing and helping skills.
4. Socio-cultural Factors. To understand the characteristics and trends related to various cultural, economic, and ethnic groups, including such factors as disability, gender, and life style.
5. Career Development. To provide knowledge of career information, job satisfaction, job-seeking skills, and instruments used to assist career choice.
6. Assessment, Evaluation, and Research. To provide a working knowledge of assessment tools and research findings useful to the practitioner.
7. Professional Development. To provide knowledge about the professional, legal, and ethical foundations of counseling, and to be aware of the community resources and cultures of the various agencies service the public.
8. Personal Growth Factors. To learn the appropriate use of insight into self and others in the development of empathic, helping relationships. The DoC strongly suggest that students consider some kind of counseling hat will enable them to focus upon themselves in a meaningful way.

Graduate Programs in Counseling

General Information

At least 60 units of approved graduate work are required for the Master of Science degrees. All students go through a basic core sequence of academic courses including four semesters of supervised counseling practicum and internship and electives according to their area of specialization. Two-year fieldwork placements are required in two different settings. The department works collaboratively with over 150 community agencies that provide service and training opportunities for our students. These agencies are carefully screened to meet our standards. Fieldwork placements are viewed as an integral part of the training of prospective counselors.

Once admitted to the program, students may petition the department's program coordinator and chair for up to 12 units of appropriate post-baccalaureate degree work taken in other institutions within seven years from the date students plan to graduate. Courses taken for another degree or credential may **not** be counted toward the master's degree. Courses taken at other institutions after admission to the graduate program may **not** be counted toward the master's degree. Refer to Graduate Admissions and Graduate Studies, Transfer Credit from Other Institutions (<http://bulletin.sfsu.edu/graduate-education/admissions/#TCFOI>) for more information.

It may be possible to complete the M.S. program either as a full-time student or as a part-time student. Throughout the program, students' course schedules may involve daytime, late afternoon, and evening classes. Classes are offered fall and spring semesters (rarely offered in the summer and generally not available online). Students *must* expect that their personal and work schedules will need to be sufficiently flexible to accommodate fieldwork requirements and department class schedules.

Admission to Program

Applicants are admitted as conditionally classified graduate students in the fall semester only - there are no spring admits. Admission to the department involves the following procedures:

1. Complete the GRE General Test¹, paying particular attention to the Written Analytical Section of the GRE. See note below. International students are required to complete the TOEFL (see International Application Submission information at grad.sfsu.edu/content/international-application-submission)
2. Complete Cal State Apply application.
3. Submit the Cal State Apply application by January 15.
4. International students applying to the program should see International Application Submission information for additional requirements (grad.sfsu.edu/content/international-application-submission)

¹ **Please note:** Your GRE scores will not determine our recommendation to either admit or deny you admission to our program. We will review the Analytical Writing score so that we may determine your writing needs before you enter the program. Those who do not meet the minimum writing expectation, that is a 4.0 on the Analytical Writing Section of the GRE General Test, upon admission will be required to take a writing course, HSS 700. Refer to www.ets.org/gre (<http://www.ets.org/gre/>) for all GRE and GRE test related questions.

Prerequisites

There are no required prerequisites. However, prior courses in theories of personality/counseling, development through the lifespan, and psychopathology are recommended. Admission is considered for fall only admit and prospective students are considered using a holistic admissions application process. A minimum undergraduate GPA of 3.0 in the last 60 units is required in addition to other criteria such as academic, professional and experience.

COUN 690 is a recommended (but not required) undergraduate course that introduces students to the field of counseling. It is advisable that students take this course prior to admission into the program.

Access to Counseling Courses Prior to Admission

Applicants are generally not allowed to take graduate level counseling courses unless they are formally admitted to one of the three graduate degree programs in Counseling. There are rare exceptions made by petition (contact the Department for petition form).

Students shall not take any courses numbered 700 or above and count them toward their SF State bachelor's degree; however, SF State students may indicate on their graduation application that they wish to have these courses applied to their graduate work if taken in the final semester before graduation. Completion of these courses does not guarantee admission into the program.

Written English Proficiency Requirement

Level One

All applicants must successfully demonstrate writing proficiency with a score of 4.0 or better on the Analytic Writing section of the Graduate Record Examination (TOEFL score will be used for international applicants). This *must* be taken prior to applying to the program. The score must be submitted in your application package. Those who do not meet the minimum writing expectation upon admission will be required to

take a writing course (Coun 700), within or prior to their first semester of the program.

Level Two

Satisfied by demonstration of English competency on the culminating experience paper for COUN 892.

Clinical Proficiency Requirement

Students must earn a grade of B or better in the following courses:

Code	Title	Units
COUN 705	Counseling Practicum	3
COUN 706	Counseling Skills and Process	3
COUN 736	Advanced Counseling Process	3
COUN 890	Integrative Counseling and Internship	3
COUN 891	Case Studies and Internship Seminar	3

Clinical Mental Health Counseling

– Minimum 60 units

Required Courses (60 units)

Code	Title	Units
COUN 700	Theories of Counseling and Psychotherapy	3
COUN 702	Developmental Foundations for Counselors	3
COUN 703	Psychological Foundations for Counselors	3
COUN 704	Biopsychosocial Aspects of Health, Behavioral Health, Aging, & Disability	3
COUN 705	Counseling Practicum	3
COUN 706	Counseling Skills and Process	3
COUN 715	Assessment in Counseling	3
COUN 736	Advanced Counseling Process	3
COUN 720	Career Counseling	3
COUN 737	Psychopharmacology in Counseling	3
COUN 738	Addictions	3
COUN 741	Crisis Counseling for Counselors	3
COUN 794	Seminar in Research	3
COUN 811	Group Counseling Process	3
COUN 833	Social and Cultural Foundations in Counseling	3
COUN 857	Law and Ethics for Counselors	3
COUN 870	Professional Issues, Clinical Case Management and Systems of Care	3
COUN 890	Integrative Counseling and Internship	3
COUN 891	Case Studies and Internship Seminar	3
COUN 892	Culminating Experience for Counselors	3