BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS: CONCENTRATION IN DIETETICS AND NUTRITION SCIENCE

The Nutrition and Dietetics program prepares students for careers in clinical dietetics, foodservice systems management, and nutrition education in hospitals, communities, industry, or government agencies. Two concentrations are offered:

1. Dietetics & Nutrition Science
2. Foods & Community Nutrition

The Bachelor of Science in Nutrition & Dietetics is an accredited Didactic Program in Dietetics (DPD) and meets the Eligibility Requirements and Accreditation Standards of the Accreditation Council for Education in Nutritional Education of the Academy of Nutrition and Dietetics.

Application Filing Period

Within the Nutrition & Dietetics program area, the dietetics concentration is currently impacted, which means there are more applications than capacity. Transfer student applications for admission to this concentration are accepted by the University’s Office of Undergraduate Admissions only during the application filing period of October 1 to November 30 (for admission the following fall). The Dietetics concentration is going off of impaction for Fall 2019. Both new transfer and on-campus students wishing to change majors will need to submit a change of major form to the Department of Family Interior Nutrition & Apparel (FINA) in Burk Hall 329 for the Fall 2019 term from January 1 – March 1.

Mandatory Advising

The Nutrition & Dietetics majors should consult the designated DPD director/advisor for planning and evaluation of courses transferred from other institutions and to prepare a Graduation Plan outlining course sequence. Some major classes will require that this plan be presented on the first day of classes. A prescribed sequence of courses must be adhered to as some classes are offered only in the fall or spring semesters and senior-level courses are restricted to graduating seniors. See department office (Burk Hall 329) for information to include in the advising folder. Students should consult the course description in the current Bulletin for prerequisites and corequisites.

Writing Competence:

Good writing skills are necessary for success in the major. Second-year written composition (ENG 214 or equivalent) with a grade of C− or better is required to take DFM 353GW which fulfills the GWAR requirement.

Nutrition and Dietetics (B.S.): Concentration in Dietetics and Nutrition Science (71 units)

General Education Requirements Met in the Major

The requirements below are deemed “met in the major” upon completion of the courses listed (even though the courses and their prerequisites are not approved for GE). This is true whether or not the student completes the major.

- Area B1 (Physical Science) is satisfied upon completion of CHEM 130.
- Area B2 (Life Science) is satisfied upon completion of BIOL 210 and BIOL 220.
- Area B3 (Laboratory Science) is satisfied upon completion of CHEM 115 and BIOL 211.

Core Requirements (38 units)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>CFS 352</td>
<td>Principles of Food Preparation</td>
<td>3</td>
</tr>
<tr>
<td>CFS 453</td>
<td>Nutrition in the Life Cycle</td>
<td>3</td>
</tr>
<tr>
<td>CHEM 115</td>
<td>General Chemistry I: Essential Concepts of Chemistry</td>
<td>5</td>
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<tr>
<td>DFM 253</td>
<td>Nutrition in Health and Disease</td>
<td>3</td>
</tr>
<tr>
<td>DFM 353GW</td>
<td>Foodservice Systems Management - GWAR</td>
<td>3</td>
</tr>
<tr>
<td>DFM 357</td>
<td>Experimental Food Study</td>
<td>3</td>
</tr>
<tr>
<td>DFM 451</td>
<td>Community Nutrition and Assessment</td>
<td>3</td>
</tr>
<tr>
<td>DFM 458</td>
<td>Management of Quantity Food Purchasing and Production</td>
<td>3</td>
</tr>
<tr>
<td>DFM 655</td>
<td>Nutrition Education and Communication</td>
<td>3</td>
</tr>
<tr>
<td>HTM 560</td>
<td>Hospitality Human Resource Management</td>
<td>3</td>
</tr>
<tr>
<td>MATH 124</td>
<td>Elementary Statistics</td>
<td>3</td>
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<tr>
<td>PSY 200</td>
<td>General Psychology</td>
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Professional Requirements (30 units)

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<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>BIOL 210 &amp; BIOL 211</td>
<td>General Microbiology and Public Health Laboratory</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 212 &amp; BIOL 213</td>
<td>Principles of Human Physiology and Principles of Human Physiology Laboratory</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 220</td>
<td>Principles of Human Anatomy</td>
<td>4</td>
</tr>
<tr>
<td>CHEM 130</td>
<td>General Organic Chemistry</td>
<td>3</td>
</tr>
<tr>
<td>CHEM 349</td>
<td>General Biochemistry</td>
<td>3</td>
</tr>
<tr>
<td>DFM 350</td>
<td>Advanced Nutrition I</td>
<td>3</td>
</tr>
<tr>
<td>DFM 450</td>
<td>Advanced Nutrition II</td>
<td>3</td>
</tr>
<tr>
<td>DFM 484</td>
<td>Medical Nutrition Therapy I</td>
<td>3</td>
</tr>
<tr>
<td>DFM 485</td>
<td>Medical Nutrition Therapy II</td>
<td>3</td>
</tr>
</tbody>
</table>

Recommended Electives (3 units)

Select one:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 326</td>
<td>Disease</td>
<td>3</td>
</tr>
<tr>
<td>CFS 356</td>
<td>Foods and World Culture</td>
<td>3</td>
</tr>
<tr>
<td>CFS 426</td>
<td>Family Stress, Coping and Resilience</td>
<td>3</td>
</tr>
<tr>
<td>CFS 543</td>
<td>Sustainability in the Textile, Housing, and Food Industries</td>
<td>3</td>
</tr>
<tr>
<td>GEOG 427</td>
<td>Agriculture and Food Supply</td>
<td>4</td>
</tr>
<tr>
<td>H ED 210</td>
<td>Personal and Social Determinants of Health</td>
<td>3</td>
</tr>
<tr>
<td>H ED 405</td>
<td>Introduction to Community/Public Health</td>
<td>3</td>
</tr>
<tr>
<td>H ED 410</td>
<td>Organization and Function of Health Services</td>
<td>3</td>
</tr>
<tr>
<td>H ED 420</td>
<td>Epidemiology</td>
<td>3</td>
</tr>
</tbody>
</table>
not automatically transferred from the previous institution. Units are
obtained for the lower division general education in areas C and D until after transfer to focus on
preparation courses for the major. (This advice does not apply to students pursuing associate degree completion before transfer.)

Transferring from institutions other than CCCs or CSUs
Review SF State's lower division General Education requirements. Note that, as described below, the four basic skills courses required for
admission meet A1, A2, A3, and B4 in the SF State GE pattern. Courses that fulfill the remaining areas of SF State's lower division GE pattern are
available at most two-year and four-year colleges and universities.

Of the four required basic skills courses, a course in critical thinking
(GE A3) may not be widely offered outside the CCC and CSU systems. Students should attempt to identify and take an appropriate course no
later than the term of application to the CSU. To review more information
about the A3 requirement, please visit http://bulletin.sfsu.edu/
undergraduate-education/general-education/lower-division/#AAEL.

Identify and complete a 2nd-semester written English composition
course before transfer. This is usually the next course after the typical
"freshman comp" course, with a focus on writing, reading and critical
analytical skills for academic purposes, and developing skills in
composing, revising, and the use of rhetorical strategies.

Waiting until after transfer to take a single course at SF State that meets
both US and CA/local government requirements may be an appropriate
option, particularly if transferring from outside of California.

All students must meet the transfer eligibility
requirements outlined below for admission.
For more information, visit the Undergraduate
Admissions section.

- Complete 60 or more transferable semester units or 90 or more
  quarter units
- Earn a college grade point average of 2.00 or better in all transferable
courses. Non-local area residents may be held to a higher GPA
  standard.
- Be in good standing at the last college or university attended
- Complete 30-semester units (45-quarter units) of general education,
  including four basic skills courses:
  a. One course in oral communication (same as CSU GE Area A1)
  b. One course in written composition (same as CSU GE Area A2)
  c. One course in critical thinking (same as CSU GE Area A3)
  d. One course in mathematics or quantitative reasoning (same as
     CSU GE Area B4)
- The four basic skills courses and a minimum of 60 transferable
  semester units (90-quarter units) must be completed by the spring
  semester prior to fall admission, or by the fall semester prior to spring
  admission. Earn a "C-" or better grade in each basic skills course.

**First Time Student Roadmap (4 Year)**
This roadmap opens in a new tab (bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/bs-dietetics-concentration-nutrition-science/roadmap).

**General Advising Information for Transfer Students**
1. Before transfer, complete as many lower-division requirements or
electives for this major as possible.
2. The following courses are not required for admission but are required
for graduation. Students are strongly encouraged to complete these
units before transfer; doing so will provide more flexibility in course
selection after transfer.
   - a course in U.S. History
   - a course in U.S. & California Government
   - a 2nd-semester course in written English composition

For information about satisfying the requirements described in (1) and
(2) above at a California Community College (CCC), please visit http://www.assist.org. Check any geographically accessible CCCs; sometimes
options include more than one college. Use ASSIST to determine:

- Which courses at a CCC satisfy any lower division major requirements
  for this major, including 2nd-semester composition;
- Which courses at a CCC satisfy CSU GE, US History, and US & CA
  Government.

Remedial courses are not transferable and do not apply to the minimum
60 units/90 quarters required for admission.

Additional units for courses that are repeated do not apply to the
minimum 60 units required for upper division transfer (for example, if
course was not passed on the first attempt, or was taken to earn a better
grade).

Before leaving the last California Community College of attendance,
obtain a summary of completion of lower division General Education
units (IGETC or CSU GE Breadth). This is often referred to as a GE
certification worksheet. SF State does not require delivery of this
certification to Admissions, but students should retain this document for
verifying degree progress after transfer.

Credit for Advanced Placement, International Baccalaureate, or
College-Level Examination Program courses: AP/IB/CLEP credit is
not automatically transferred from the previous institution. Units are