BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS: CONCENTRATION IN FOODS AND COMMUNITY NUTRITION ROADMAP

120 Total Units Required
Minimum Number of Units in the Major: 47

Course | Title | Units
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First Semester
CHEM 115 | General Chemistry I: Essential Concepts of Chemistry | 5
GE Area A: Oral Communication (A1) or Critical Thinking (A3) | 3
GE Area A: Written English Communication (A2) | 3
GE Area D: U.S. History (D2) or U.S. and California Government (D3) | 3

Second Semester
MATH 124 | Elementary Statistics | 3
GE Area A: Oral Communication (A1) or Critical Thinking (A3) | 3
GE Area A: Written English Communication II (A4) or Written English Communication (A2) Stretch II | 3
GE Area C: Arts (C1) | 3
SF State Studies or University Elective | 3

Third Semester
CFS 352 | Principles of Food Preparation | 3
DFM 253 | Nutrition in Health and Disease | 3
PSY 200 | General Psychology | 3
GE Area B: Physical Science (B1) and Laboratory Science (B3) | 3-4
GE Area C: Humanities: Literature (C3) | 3

Fourth Semester
DFM 353GW | Foodservice Systems Management - GWAR | 3
GE Area B: Life Science (B2) and Laboratory Science (B3) (if not already satisfied) | 3-4
GE Area C: Arts (C1) or Humanities (C2) | 3
GE Area D: U.S. History (D2) or U.S. and California Government (D3) | 3
SF State Studies or University Elective | 3

Fifth Semester
DFM 357 | Experimental Food Study | 3

Sixth Semester
SF State Studies or University Elective - Take Four | 13

Seventh Semester
SF State Studies or University Elective - Take Two | 6

Eighth Semester
CFS 600 | Professional Development | 3
DFM 451 | Community Nutrition and Assessment | 3
SF State Studies or University Elective - Take Two | 3

1 To avoid taking additional units, it is recommended that you meet LLD and SF State Studies requirements (AERM, GP, ES, SJ) within your GE or major.
2 ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select ENG 114; if you choose ENG 104/ENG 105 through DSP you will satisfy A2 upon successful completion of ENG 105 in the second semester; multilingual students may be advised into alternative English courses.

Units 120-122
Major Electives

BIOL 210 General Microbiology and Public Health (3 units)
  & BIOL 211 General Microbiology and Public Health Laboratory (1 unit)
BIOL 212 Principles of Human Physiology (3 units)
  & BIOL 212 Principles of Human Physiology (3 units)
BIOL 220 Principles of Human Anatomy (4 units)
BIOL 326 Disease! (3 units)
CFS 356 Foods and World Culture (3 units)
CFS 426 Family Stress, Coping and Resilience (3 units)
CFS 543 Sustainability in the Textile, Housing, and Food Industries (3 units)
GEOG 427 Agriculture and Food Supply (4 units)
H ED 405 Introduction to Community/Public Health (3 units)
H ED 410 Organization and Function of Health Services (3 units)
H ED 420 Epidemiology (3 units)
H ED 425 Introduction to Research and Statistics in Health (3 units)
H ED 455 Community Organizing and Community Building for Health (3 units)
H ED 520 Structural Oppression and Social Foundations of Health (3 units)
HH 380 Holistic Health: Western Perspectives (3 units)
HH 381 Holistic Health: Eastern Perspectives (3 units)
HH 382 Holistic Health: Human Nature and Global Perspectives (3 units)
HH 383 Chinese Perspectives in Holistic Health (3 units)
HTM 557 Restaurant and Catering Management (3 units)
KIN 331 Peak Performance (3 units)
KIN 355 Science, Sport and Fitness (3 units)