Bachelor of Science in Nutrition and Dietetics: Concentration in Foods and Community Nutrition - Quantitative Reasoning Category III/IV and ENG 114

120 Total Units Required
Minimum Number of Units in the Major: 47

Course | Title | Units
--- | --- | ---
**First Semester**
ENG 114 | Writing the First Year: Finding Your Voice (A2) | 3
MATH 123 | Mathematics for Elementary Statistics (B4 Support Course) | 2
MATH 124 | Elementary Statistics (Major Core, B4) | 3
GE Area A | 3
SF State Studies or University Elective | 3
**Units** | 14

**Second Semester**
CHEM 115 | General Chemistry I: Essential Concepts of Chemistry (Major Core) | 5
PSY 200 | General Psychology (Major Core, D1) | 3
GE Area A | 3
GE Area E | 3
**Units** | 14

**Third Semester**
NUTR 253 | Nutrition, Health, and Disease (Major Core) | 3
GE Area B: Physical Science (B1) and Laboratory Science (B3) | 3-4
GE Area C | 3
GE Area D | 3
SF State Studies or University Elective | 3
**Units** | 15-16

**Fourth Semester**
GE Area B: Life Science (B2) and Laboratory Science (B3) | 3-4
GE Area C - Take Two | 6
GE Area D | 3
SF State Studies or University Elective | 3
**Units** | 15-16

**Fifth Semester**
HTM 560 | Hospitality Human Resource Management (Major Core) | 3
NUTR 353GW | Foodservice Systems Management - GWAR (Major Core) | 3
NUTR 357 | Principles of Food Preparation (Major Core, UD-B) | 3
GE Area UD-C: Upper-Division Arts and/or Humanities (Consider SF State Studies Course) | 3
SF State Studies or University Elective | 3
**Units** | 15

**Sixth Semester**
NUTR 453 | Nutrition in the Life Cycle (Major Core) | 3
NUTR 457 | Management of Quantity Food Purchasing and Production (Major Core) | 3
Major Elective - Take One | 3-4
GE Area UD-D: Upper-Division Social Sciences (Consider SF State Studies Course) | 3
SF State Studies or University Elective | 4
**Units** | 16-17

**Seventh Semester**
NUTR 551 | Nutrition Education and Communication (Major Core) | 3
NUTR 557 | Experimental Food Study (Major Core) | 3
Major Elective - Take One | 3-4
SF State Studies or University Elective - Take Two | 7
**Units** | 16-17

**Eighth Semester**
FCS 600 | Professional Development (Major Professional Requirement) | 3
NUTR 651 | Community Nutrition and Assessment (Major Core) | 3
SF State Studies or University Elective - Take Three | 9
**Units** | 15

**Total Units** | 120-124

1 ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select ENG 114; if you choose ENG 104/ENG 105 through DSP you will satisfy A2 upon successful completion of ENG 105 in the second semester; multilingual students may be advised into alternative English courses.
Depending on courses completed through Early Start, students in Pathway/Category III or IV may be required to enroll in a support course to complement their Quantitative Reasoning/B4 requirement. There are multiple course options for this pathway. Before enrolling in a B4 course, students should verify their MATH Pathway/Category in their Student Center (http://cms.sfsu.edu/content/student-center). Information regarding the courses that correspond with your MATH Pathway/Category can be found on the Developmental Studies Office Website (http://developmentalstudies.sfsu.edu).

To avoid taking additional units, it is recommended that you meet SF State Studies requirements (AERM, GP, ES, SJ) within your GE or major.

Consider taking a class combined with a laboratory or a separate lab to fulfill B3 if not already satisfied.

**Major Electives - Select Two (6-8 units)**

- BIOL 210 General Microbiology and Public Health (3 units)
- BIOL 211 General Microbiology and Public Health Laboratory (1 unit)
- BIOL 212 Principles of Human Physiology (3 units)
- BIOL 212 Principles of Human Physiology (3 units)
- BIOL 220 Principles of Human Anatomy (4 units)
- BIOL 326 Disease! (3 units)
- NUTR 356 Foods and World Culture (3 units)
- FCS 426 Family Stress, Coping, and Resilience (3 units)
- FCS 543 Sustainability in the Textile, Housing, and Food Industries (3 units) (UD-D, ES)
- GEOG 427 Agriculture and Food Supply (4 units) (ES, GP)
- H ED 405 Introduction to Community/Public Health (3 units)
- H ED 410 Organization and Function of Health Services (3 units)
- H ED 420 Epidemiology (3 units)
- H ED 425 Introduction to Research and Statistics in Health (3 units)
- H ED 455 Community Organizing and Community Building for Health (3 units) (UD-C, AERM, ES, GP, SJ)
- H ED 520 Structural Oppression and Social Foundations of Health (3 units) (SJ)
- HH 380 Holistic Health: Western Perspectives (3 units) (UD-B, GP)
- HH 381 Holistic Health: Eastern Perspectives (3 units) (UD-D, GP)
- HH 382 Holistic Health: Human Nature and Global Perspectives (3 units) (UD-C, GP)
- HTM 557 Restaurant and Catering Management (3 units)
- KIN 331 Peak Performance (3 units) (UD-D, GP, SJ)
- KIN 355 Science, Sport, and Fitness (3 units) (UD-B)