# Bachelor of Science in Nutrition and Dietetics: Concentration in Foods and Community Nutrition - Quantitative Reasoning Category III/IV and ENG 114

120 Total Units Required  
Minimum Number of Units in the Major: 47

### Course  
<table>
<thead>
<tr>
<th>First Semester</th>
<th>Title</th>
<th>Units</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>ENG 114</td>
<td>Writing the First Year: Finding Your Voice (A2)</td>
<td>3</td>
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<tr>
<td>MATH 123</td>
<td>Mathematics for Elementary Statistics (B4 Support Course)</td>
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<tr>
<td>MATH 124</td>
<td>Elementary Statistics (Major Core, B4)</td>
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<tr>
<td>GE Area A</td>
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<td>3</td>
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<tr>
<td>SF State Studies or University Elective</td>
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### Second Semester  
| CHEM 115       | General Chemistry I: Essential Concepts of Chemistry (Major Core) | 5 |  |
| PSY 200        | General Psychology (Major Core, D1) | 3 |  |
| GE Area A      | | 3 |  |
| GE Area E      | | 3 |  |

### Third Semester  
| NUTR 253       | Nutrition, Health, and Disease (Major Core) | 3 |  |
| GE Area B: Physical Science (B1) and Laboratory Science (B3) | 3-4 |  |
| GE Area C      | | 3 |  |
| GE Area D      | | 3 |  |
| SF State Studies or University Elective | | 3 |  |

### Fourth Semester  
| GE Area B: Life Science (B2) and Laboratory Science (B3) | 3-4 |  |
| GE Area C - Take Two | | 6 |  |
| GE Area D | | 3 |  |
| SF State Studies or University Elective | | 3 |  |

### Fifth Semester  
| NUTR 353GW     | Foodservice Systems Management - GWAR (Major Core) | 3 |  |
| NUTR 357       | Principles of Food Preparation (Major Core, UD-B) | 3 |  |
| GE Area UD-C: Upper-Division Arts and/or Humanities (Consider SF State Studies Course) | | 3 |  |
| SF State Studies or University Elective | | 3 |  |

### Sixth Semester  
| NUTR 453       | Nutrition in the Life Cycle (Major Core) | 3 |  |
| NUTR 457       | Management of Quantity Food Purchasing and Production (Major Core) | 3 |  |
| Major Elective - Take One | | 3-4 |  |
| GE Area UD-D: Upper-Division Social Sciences (Consider SF State Studies Course) | | 3 |  |
| SF State Studies or University Elective | | 4 |  |

### Seventh Semester  
| NUTR 551       | Nutrition Education and Communication (Major Core) | 3 |  |
| NUTR 557       | Experimental Food Study (Major Core) | 3 |  |
| Major Elective - Take One | | 3-4 |  |
| SF State Studies or University Elective - Take Two | | 7 |  |

### Eighth Semester  
| FCS 600        | Professional Development (Major Professional Requirement) | 3 |  |
| NUTR 651       | Community Nutrition and Assessment (Major Core) | 3 |  |
| SF State Studies or University Elective - Take Three | | 9 |  |

### Total Units  
| Total Units | 120-124 |  |

1 ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select ENG 114; if you choose ENG 104/ENG 105 through DSP you will satisfy A2 upon successful completion of ENG 105 in the second semester; multilingual students may be advised into alternative English courses.
Depending on courses completed through Early Start, students in Pathway/Category III or IV may be required to enroll in a support course to complement their Quantitative Reasoning/B4 requirement. There are multiple course options for this pathway. Before enrolling in a B4 course, students should verify their MATH Pathway/Category in their Student Center (http://cms.sfsu.edu/content/student-center). Information regarding the courses that correspond with your MATH Pathway/Category can be found on the Developmental Studies Office Website (http://developmentalstudies.sfsu.edu).

To avoid taking additional units, it is recommended that you meet SF State Studies requirements (AERM, GP, ES, SJ) within your GE or major.

Consider taking a class combined with a laboratory or a separate lab to fulfill B3 if not already satisfied.

**Major Electives - Select Two (6-8 units)**
- BIOL 210 General Microbiology and Public Health (3 units)
  - & BIOL 211 General Microbiology and Public Health Laboratory (1 unit)
- BIOL 212 Principles of Human Physiology (3 units)
  - & BIOL 212 Principles of Human Physiology (3 units)
- BIOL 220 Principles of Human Anatomy (4 units)
- BIOL 326 Disease! (3 units)
- NUTR 356 Foods and World Culture (3 units)
- FCS 426 Family Stress, Coping, and Resilience (3 units)
- FCS 543 Sustainability in the Textile, Housing, and Food Industries (3 units) (UD-D, ES)
- GEOG 427 Agriculture and Food Supply (4 units) (ES, GP)
- H ED 405 Introduction to Community/Public Health (3 units)
- H ED 410 Organization and Function of Health Services (3 units)
- H ED 420 Epidemiology (3 units)
- H ED 425 Introduction to Research and Statistics in Health (3 units)
- H ED 455 Community Organizing and Community Building for Health (3 units) (UD-C, AERM, ES, GP, SJ)
- H ED 520 Structural Oppression and Social Foundations of Health (3 units) (SJ)
- HH 380 Holistic Health: Western Perspectives (3 units) (UD-B, GP)
- HH 381 Holistic Health: Eastern Perspectives (3 units) (UD-D, GP)
- HH 382 Holistic Health: Human Nature and Global Perspectives (3 units) (UD-C, GP)
- HTM 557 Restaurant and Catering Management (3 units)
- KIN 331 Peak Performance (3 units) (UD-D, GP, SJ)
- KIN 355 Science, Sport, and Fitness (3 units) (UD-B)