# Bachelor of Science in Nutrition and Dietetics: Concentration in Foods and Community Nutrition - Quantitative Reasoning Category I/II and Stretch English

120 Total Units Required  
Minimum Number of Units in the Major: 47

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td><strong>First Semester</strong></td>
<td></td>
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<tr>
<td>ENG 104</td>
<td>First Year Composition Stretch I</td>
<td>3</td>
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<tr>
<td>MATH 124</td>
<td>Elementary Statistics (Major Core, B4)</td>
<td>3</td>
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<tr>
<td>GE Area A</td>
<td></td>
<td>3</td>
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<tr>
<td>GE Area C</td>
<td></td>
<td>3</td>
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<tr>
<td>SF State Studies or University Elective</td>
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<tr>
<td><strong>Second Semester</strong></td>
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<td>15</td>
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<tr>
<td>CHEM 115</td>
<td>General Chemistry I: Essential Concepts of Chemistry (Major Core)</td>
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<tr>
<td>ENG 105</td>
<td>First Year Composition Stretch II (A2)</td>
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<tr>
<td>PSY 200</td>
<td>General Psychology (Major Core, D1)</td>
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<tr>
<td>GE Area A</td>
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<td>3</td>
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<tr>
<td><strong>Third Semester</strong></td>
<td></td>
<td>14</td>
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<tr>
<td>NUTR 253</td>
<td>(Major Core)</td>
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<tr>
<td>GE Area B: Physical Science (B1) and Laboratory Science (B3)</td>
<td>3-4</td>
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<tr>
<td>GE Area C</td>
<td></td>
<td>3</td>
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<tr>
<td>GE Area D</td>
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<td>3</td>
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<tr>
<td>GE Area E</td>
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<td><strong>Fourth Semester</strong></td>
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<td>12-13</td>
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<tr>
<td>GE Area B: Life Science (B2) and Laboratory Science (B3)</td>
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<tr>
<td>GE Area C</td>
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<tr>
<td>GE Area D</td>
<td></td>
<td>3</td>
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<tr>
<td>SF State Studies or University Elective - Take Two</td>
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<tr>
<td><strong>Units</strong></td>
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<td>15-16</td>
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**Fifth Semester**  
HTM 560  
Hospitality Human Resource Management (Major Core)  
NUTR 353GW  
(Major Core)  
NUTR 357  
(Major Core, UD-B)  
GE Area UD-C: Upper-Division Arts and/or Humanities (Consider SF State Studies Course)  
SF State Studies or University Elective  
Units  
9

**Sixth Semester**  
NUTR 453  
(Major Core)  
NUTR 457  
(Major Core)  
Major Elective - Take One  
3-4  
GE Area UD-D: Upper-Division Social Sciences (Consider SF State Studies Course)  
SF State Studies or University Elective  
Units  
12-13

**Seventh Semester**  
NUTR 551  
(Major Core)  
NUTR 557  
(Major Core)  
Major Elective - Take One  
3-4  
SF State Studies or University Elective - Take Two  
7  
Units  
10-11

**Eighth Semester**  
FCS 600  
(Major Professional Requirement)  
SF State Studies or University Elective - Take Three  
9  
Units  
9  
Total Units  
96-100

1 ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select ENG 114; if you choose ENG 104/ENG 105 through DSP you will satisfy A2 upon successful completion of ENG 105 in the second semester; multilingual students may be advised into alternative English courses.

2 Depending on courses completed through Early Start, students in Pathway/Category III or IV may be required to enroll in a support course to complement their Quantitative Reasoning/B4 requirement. There are multiple course options for this pathway. Before enrolling in a B4 course, students should verify their MATH Pathway/Category in their Student Center ([http://cms.sfsu.edu/content/student-center](http://cms.sfsu.edu/content/student-center)). Information regarding the courses that correspond with your MATH Pathway/Category can be found on the Developmental Studies Office Website ([http://developmentalstudies.sfsu.edu](http://developmentalstudies.sfsu.edu)).

3 To avoid taking additional units, it is recommended that you meet SF State Studies requirements (AERM, GP, ES, SJ) within your GE or major.

4 Consider taking a class combined with a laboratory or a separate lab to fulfill B3 if not already satisfied.
Major Electives - Select Two (6-8 units)

- BIOL 210 General Microbiology and Public Health (3 units)
  & BIOL 211 General Microbiology and Public Health Laboratory (1 unit)
- BIOL 212 Principles of Human Physiology (3 units)
  & BIOL 212 Principles of Human Physiology (3 units)
- BIOL 220 Principles of Human Anatomy (4 units)
- BIOL 326 Disease! (3 units)
- NUTR 356 (units)
- FCS 426 (units)
- FCS 543 (units) (UD-D, ES)
- GEOG 427 Agriculture and Food Supply (4 units) (ES, GP)
- H ED 405 Introduction to Community/Public Health (3 units)
- H ED 410 Organization and Function of Health Services (3 units)
- H ED 420 Epidemiology (3 units)
- H ED 425 Introduction to Research and Statistics in Health (3 units)
- H ED 455 Community Organizing and Community Building for Health (3 units) (UD-C, AERM, ES, GP, SJ)
- H ED 520 Structural Oppression and Social Foundations of Health (3 units) (SJ)
- HH 380 Holistic Health: Western Perspectives (3 units) (UD-B, GP)
- HH 381 Holistic Health: Eastern Perspectives (3 units) (UD-D, GP)
- HH 382 Holistic Health: Human Nature and Global Perspectives (3 units) (UD-C, GP)
- HTM 557 Restaurant and Catering Management (3 units)
- KIN 331 Peak Performance (3 units) (UD-D, GP, SJ)
- KIN 355 Science, Sport, and Fitness (3 units) (UD-B)