# Bachelor of Science in Nutrition and Dietetics: Concentration in Foods and Community Nutrition – NUTR Associate Degree for Transfer (ADT) Roadmap

This is a sample pathway for students who transfer to San Francisco State University in the current Bulletin year with an AS-T in Nutrition and Dietetics. At least 16 units in the major and all lower-division GE requirements have been satisfied. Additional units in the major may have been satisfied. Check with a major advisor about the most appropriate course sequence. *Degree completion guaranteed in 60 units;* see the Associate Degree for Transfer (ADT) section for more information ([http://bulletin.sfsu.edu/undergraduate-admissions/transfer-students/](http://bulletin.sfsu.edu/undergraduate-admissions/transfer-students/)).

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Semester</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NUTR 357</td>
<td>Principles of Food Preparation</td>
<td>3</td>
</tr>
<tr>
<td>or University Elective if satisfied before transfer</td>
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<tr>
<td>MATH 124</td>
<td>Elementary Statistics</td>
<td>3</td>
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<tr>
<td>or University Elective if satisfied before transfer</td>
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<tr>
<td>Core Elective</td>
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<tr>
<td>US History (<a href="http://bulletin.sfsu.edu/undergraduate-education/graduation-requirements/#USHaGR">http://bulletin.sfsu.edu/undergraduate-education/graduation-requirements/#USHaGR</a>)</td>
<td>3</td>
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<tr>
<td>or University Elective if satisfied before transfer</td>
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<td></td>
</tr>
<tr>
<td>University Elective</td>
<td>3</td>
<td></td>
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<tr>
<td><strong>Units</strong></td>
<td>15</td>
<td></td>
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<tr>
<td><strong>Second Semester</strong></td>
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<tr>
<td>HTM 560</td>
<td>Hospitality Human Resource Management</td>
<td>3</td>
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<tr>
<td>NUTR 353GW</td>
<td>Foodservice Systems Management - GWAR</td>
<td>3</td>
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<tr>
<td>NUTR 453</td>
<td>Nutrition in the Life Cycle</td>
<td>3</td>
</tr>
<tr>
<td>NUTR 457</td>
<td>Management of Quantity Food Purchasing and Production</td>
<td>3</td>
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<tr>
<td>U.S. and California Government (<a href="http://bulletin.sfsu.edu/undergraduate-education/graduation-requirements/#usg">http://bulletin.sfsu.edu/undergraduate-education/graduation-requirements/#usg</a>)</td>
<td>3</td>
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<tr>
<td>or University Elective if requirement met before transfer</td>
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<td></td>
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<tr>
<td><strong>Units</strong></td>
<td>15</td>
<td></td>
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<tr>
<td><strong>Third Semester</strong></td>
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<tr>
<td>NUTR 551</td>
<td>Nutrition Education and Communication</td>
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<tr>
<td><strong>Units</strong></td>
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<td></td>
</tr>
<tr>
<td><strong>Total Units</strong></td>
<td>60</td>
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</tbody>
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### Major Electives - Select Two (6-8 units)

- BIOL 210 General Microbiology and Public Health (3 units) & BIOL 211 General Microbiology and Public Health Laboratory (1 unit)
- BIOL 212 Principles of Human Physiology (3 units) & BIOL 212 Principles of Human Physiology (3 units)
- BIOL 220 Principles of Human Anatomy (4 units)
- BIOL 326 Disease! (3 units)
- NUTR 356 Foods and World Culture (3 units)
- FCS 426 Family Stress, Coping, and Resilience (3 units)
- FCS 543 Sustainability in the Textile, Housing, and Food Industries (3 units) (UD-D, ES)
- GEOG 427 Agriculture and Food Supply (4 units) (ES, GP)
- HH 380 Holistic Health: Western Perspectives (3 units) (UD-B, GP)
- HH 381 Holistic Health: Eastern Perspectives (3 units) (UD-D, GP)
- HH 382 Holistic Health: Human Nature and Global Perspectives (3 units) (UD-C, GP)
- HTM 557 Restaurant and Catering Management (3 units)
- KIN 331 Peak Performance (3 units) (UD-D, GP, SJ)
- KIN 355 Science, Sport, and Fitness (3 units) (UD-B)
- PH 405 Introduction to Community/Public Health (3 units)
- PH 410 Organization and Function of Health Services (3 units)
- PH 420 Epidemiology (3 units)
- PH 425 Introduction to Research and Statistics in Health (3 units)
- PH 455 Community Organizing and Community Building for Health (3 units) (UD-C, AERM, GP, SJ)
- PH 520 Structural Oppression and Social Foundations of Health (3 units) (SJ)

1 To Do at SF State:

Enough total units to reach 120 minimum for graduation; 30 units minimum at the upper-division level; to include the following:

**University-wide requirements: 9-15 units**

- American Institutions (0-6 units) - US History, US Government, California State and Local Government. See the next bullet if not completed before transfer.
- Upper Division GE areas B, C, and D (9 units) – Courses required for the major may double-count if approved for UD GE.
- Students entering this major with the AS-T in NUTR are not required to fulfill SF State Studies or Complementary Studies requirements.
Nutrition and Dietetics major – Concentration in Foods and Community Nutrition: 27 - 31 units

- Core Requirements (includes University GWAR course): 24 - 27 units
  [CHEM 115, NUTR 253, and PSY 200 met before transfer. MATH 124 may have been met before transfer.]
- Professional Requirement: 3 units
- Electives: 0-2 units
  [BIOL 210 + BIOL 211 met before transfer. BIOL 212 + BIOL 213 and/or BIOL 220 may have been met before transfer]

University electives: 15 or more units
Depends on course choices made at the community college, how transferred units are applied to the requirements above, and course choices at SF State - some courses may meet more than one requirement, e.g., in both UD GE and the major.