

# BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS: CONCENTRATION IN FOODS AND COMMUNITY NUTRITION – NUTR ASSOCIATE DEGREE FOR TRANSFER (ADT) ROADMAP

This is a sample pathway for students who transfer to San Francisco State University in the current Bulletin year with an AS-T in Nutrition and Dietetics. At least 16 units in the major and all lower division GE requirements have been satisfied. Additional units in the major may have been satisfied. Check with a major advisor about the most appropriate course sequence. **Degree completion guaranteed in 60 units; see the Associate Degree for Transfer (ADT) section for more information.**

Course	Title	Units
<b>First Semester</b>		
NUTR 357	Principles of Food Preparation	3
or University Elective if satisfied before transfer		
MATH 124	Elementary Statistics	3
Or University Elective if satisfied before transfer		
Core Elective <sup>1</sup>		3
<u>US History</u>		3
or University Elective if satisfied before transfer		
University Elective		3
		Units 15
<b>Second Semester</b>		
HTM 560	Hospitality Human Resource Management	3
NUTR 353GW	Foodservice Systems Management - GVAR	3
NUTR 453	Nutrition in the Life Cycle	3
NUTR 457	Management of Quantity Food Purchasing and Production	3
<u>U.S. and California Government</u>		
or University Elective if requirement met before transfer		
		Units 15
<b>Third Semester</b>		
NUTR 551	Nutrition Education and Communication	3
NUTR 557	Experimental Food Study	3
Upper-Division GE: UD-C or UD-D		3

University Electives - Take Two		6
		Units 15
<b>Fourth Semester</b>		
FCS 600	Professional Development	3
NUTR 651	Community Nutrition and Assessment	3
<u>Upper-Division GE: UD-C or UD-D</u>		
University Electives - Take Two		6
		Units 15
		Total Units 60

<sup>1</sup>

## Major Electives

- BIOL 210 General Microbiology and Public Health (3 units)  
& BIOL 211 General Microbiology and Public Health Laboratory (1 units)
- BIOL 212 Principles of Human Physiology (3 units)  
& BIOL 212 Principles of Human Physiology (3 units)
- BIOL 220 Principles of Human Anatomy (4 units)
- BIOL 326 Disease! (3 units)
- FCS 426 Family Stress, Coping, and Resilience (3 units)
- FCS 543 Sustainability in the Textile, Housing, and Food Industries (3 units)
- GEOG 427 Agriculture and Food Supply (4 units)
- H ED 405 Introduction to Community/Public Health (3 units)
- H ED 410 Organization and Function of Health Services (3 units)
- H ED 420 Epidemiology (3 units)
- H ED 425 Introduction to Research and Statistics in Health (3 units)
- H ED 455 Community Organizing and Community Building for Health (3 units)
- H ED 520 Structural Oppression and Social Foundations of Health (3 units)
- HH 380 Holistic Health: Western Perspectives (3 units)
- HH 381 Holistic Health: Eastern Perspectives (3 units)
- HH 382 Holistic Health: Human Nature and Global Perspectives (3 units)
- HH 383 Chinese Perspectives in Holistic Health (3 units)
- HTM 557 Restaurant and Catering Management (3 units)
- KIN 331 Peak Performance (3 units)
- KIN 355 Science, Sport, and Fitness (3 units)
- NUTR 356 Foods and World Culture (3 units)

## To Do at SF State:

Enough total units to reach 120 minimum for graduation; 40 units minimum at the upper division level; to include the following:

## University-wide requirements: 9-15 units

- American Institutions (0-6 units) - US History, US Government, California State and Local Government. See next bullet if not completed before transfer.
- Upper Division GE, areas B, C and D (9 units) – Courses required for the major may double-count if approved for UD GE.
- Students entering this major with the AS-T in NUTR are not required to fulfill SF State Studies or Complementary Studies requirements.

## **Nutrition and Dietetics major – Concentration in Foods and Community Nutrition: 27 - 31 units**

- Core Requirements (includes University GVAR course): 24 - 27 units  
[CHEM 115, NUTR 253, and PSY 200 met before transfer. MATH 124 may have been met before transfer.]
- Professional Requirement: 3 units
- Electives: 0-2 units [BIOL 210+BIOL 211 met before transfer. BIOL 212+BIOL 213 and/or BIOL 220 may have been met before transfer]

### **University electives: 15 or more units**

Depends on course choices made at the community college, how transferred units are applied to the requirements above, and course choices at SF State - some courses may meet more than one requirement, e.g. in both UD GE and the major.