BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS: CONCENTRATION IN FOODS AND COMMUNITY NUTRITION – NUTR ASSOCIATE DEGREE FOR TRANSFER (ADT) ROADMAP

This is a sample pathway for students who transfer to San Francisco State University in the current Bulletin year with an AS-T in Nutrition and Dietetics. At least 16 units in the major and all lower division GE requirements have been satisfied. Additional units in the major may have been satisfied. Check with a major advisor about the most appropriate course sequence. Degree completion guaranteed in 60 units; see the Associate Degree for Transfer (ADT) section for more information.

Course | Title | Units | First Semester
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NUTR 357 | Principles of Food Preparation | 3 | or University Elective if satisfied before transfer
MATH 124 | Elementary Statistics | 3 | Or University Elective if satisfied before transfer
Core Elective 1 | 3 | US History | 3 | or University Elective if satisfied before transfer
University Elective | 3 | Units | 15

Second Semester

HTM 560 | Hospitality Human Resource Management | 3 | NUTR 353GW | Foodservice Systems Management - GWAR | 3
NUTR 453 | Nutrition in the Life Cycle | 3 | NUTR 457 | Management of Quantity Food Purchasing and Production | 3

U.S. and California Government | 3 | or University Elective if requirement met before transfer | Units | 15

Third Semester

NUTR 551 | Nutrition Education and Communication | 3 | NUTR 557 | Experimental Food Study | 3 | Upper-Division GE: UD-C or UD-D | 3

Fourth Semester

University Electives - Take Two | 6 | Units | 15

FCS 600 | Professional Development | 3 | NUTR 651 | Community Nutrition and Assessment | 3
Upper-Division GE: UD-C or UD-D | 3 | University Electives - Take Two | 6 | Total Units | 60

1 Major Electives
BIOL 210 General Microbiology and Public Health (3 units)
 & BIOL 211 General Microbiology and Public Health Laboratory (1 unit)
BIOL 212 Principles of Human Physiology (3 units)
 & BIOL 212 Principles of Human Physiology (3 units)
BIOL 220 Principles of Human Anatomy (4 units)
BIOL 326 Disease! (3 units)
FCS 426 Family Stress, Coping, and Resilience (3 units)
FCS 543 Sustainability in the Textile, Housing, and Food Industries (3 units)
GEOG 427 Agriculture and Food Supply (4 units)
H ED 405 Introduction to Community/Public Health (3 units)
H ED 410 Organization and Function of Health Services (3 units)
H ED 420 Epidemiology (3 units)
H ED 425 Introduction to Research and Statistics in Health (3 units)
H ED 455 Community Organizing and Community Building for Health (3 units)
H ED 520 Structural Oppression and Social Foundations of Health (3 units)
HH 380 Holistic Health: Western Perspectives (3 units)
HH 381 Holistic Health: Eastern Perspectives (3 units)
HH 382 Holistic Health: Human Nature and Global Perspectives (3 units)
HH 383 Chinese Perspectives in Holistic Health (3 units)
HTM 557 Restaurant and Catering Management (3 units)
KIN 331 Peak Performance (3 units)
KIN 355 Science, Sport, and Fitness (3 units)
NUTR 356 Foods and World Culture (3 units)

To Do at SF State:
Enough total units to reach 120 minimum for graduation; 30 units minimum at the upper division level; to include the following:

University-wide requirements: 9-15 units
- American Institutions (0-6 units) - US History, US Government, California State and Local Government. See next bullet if not completed before transfer.
- Upper Division GE, areas B, C and D (9 units) – Courses required for the major may double-count if approved for UD GE.
- Students entering this major with the AS-T in NUTR are not required to fulfill SF State Studies or Complementary Studies requirements.
Nutrition and Dietetics major – Concentration in Foods and Community Nutrition: 27 - 31 units

- Core Requirements (includes University GWAR course): 24 - 27 units
  [CHEM 115, NUTR 253, and PSY 200 met before transfer. MATH 124 may have been met before transfer.]
- Professional Requirement: 3 units
- Electives: 0-2 units [BIOL 210+BIOL 211 met before transfer. BIOL 212+BIOL 213 and/or BIOL 220 may have been met before transfer]

University electives: 15 or more units
Depends on course choices made at the community college, how transferred units are applied to the requirements above, and course choices at SF State - some courses may meet more than one requirement, e.g. in both UD GE and the major.