Bachelor of Science in Nutrition and Dietetics: Concentration in Foods and Community Nutrition – NUTR Associate Degree for Transfer (ADT) Roadmap

This is a sample pathway for students who transfer to San Francisco State University in the current Bulletin year with an AS-T in Nutrition and Dietetics. At least 16 units in the major and all lower division GE requirements have been satisfied. Additional units in the major may have been satisfied. Check with a major advisor about the most appropriate course sequence. Degree completion guaranteed in 60 units; see the Associate Degree for Transfer (ADT) section for more information (http://bulletin.sfsu.edu/undergraduate-admissions/transfer-students).

Course | Title | Units
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First Semester
CFS 352 | Principles of Food Preparation | 3
ENG 214 | Second Year Written Composition: English | 3
or University Elective if satisfied before transfer
MATH 124 | Elementary Statistics | 3
Core Elective ¹ | 3
US History (bulletin.sfsu.edu/undergraduate-education/graduation-requirements/#USHaGR) | 3
or University Elective if satisfied before transfer
Units | 15

Second Semester
CFS 453 | Nutrition in the Life Cycle | 3
DFM 353GW | Foodservice Systems Management - GWAR | 3
DFM 458 | Management of Quantity Food Purchasing and Production | 3
HTM 560 | Hospitality Human Resource Management | 3
U.S. and California Government (bulletin.sfsu.edu/undergraduate-education/graduation-requirements/#usg) | 3
or University Elective if requirement met before transfer
Units | 15

Third Semester
DFM 357 | Experimental Food Study | 3
DFM 655 | Nutrition Education and Communication | 3

Fourth Semester
CFS 600 | Professional Development | 3
DFM 451 | Community Nutrition and Assessment | 3
Upper-Division GE: UD-C or UD-D | 3
University Electives - Take Two | 6
Units | 15

Total Units | 60

¹ Major Electives
- BIOL 210 General Microbiology and Public Health (3 units)
- BIOL 211 General Microbiology and Public Health Laboratory (1 unit)
- BIOL 212 Principles of Human Physiology (3 units)
- BIOL 212 Principles of Human Physiology (3 units)
- BIOL 220 Principles of Human Anatomy (4 units)
- BIOL 326 Disease! (3 units)
- CFS 356 Foods and World Culture (3 units)
- CFS 426 Family Stress, Coping and Resilience (3 units)
- CFS 543 Sustainability in the Textile, Housing, and Food Industries (3 units)
- GEOG 427 Agriculture and Food Supply (4 units)
- H ED 405 Introduction to Community/Public Health (3 units)
- H ED 410 Organization and Function of Health Services (3 units)
- H ED 420 Epidemiology (3 units)
- H ED 425 Introduction to Research and Statistics in Health (3 units)
- H ED 455 Community Organizing and Community Building for Health (3 units)
- H ED 520 Structural Oppression and Social Foundations of Health (3 units)
- HH 380 Holistic Health: Western Perspectives (3 units)
- HH 381 Holistic Health: Eastern Perspectives (3 units)
- HH 382 Holistic Health: Human Nature and Global Perspectives (3 units)
- HH 383 Chinese Perspectives in Holistic Health (3 units)
- HTM 557 Restaurant and Catering Management (3 units)
- KIN 331 Peak Performance (3 units)
- KIN 355 Science, Sport, and Fitness (3 units)

To Do at SF State:

Enough total units to reach 120 minimum for graduation; 40 units minimum at the upper division level; to include the following:

University-wide requirements: 9-12 units
- ENG 214 or equivalent course (0-3 units) if not taken before transfer
- American Institutions (0-6 units) - US History, US Government, California State and Local Government. See next bullet if not completed before transfer.
- Upper Division GE, areas B, C and D (9 units) – UD-B met in major (see grid above).
- Students entering this major with the AS-T in NUTR are not required to fulfill SF State Studies or Complementary Studies requirements.
Nutrition and Dietetics major – Concentration in Foods and Community Nutrition: 27 - 31 units

- Core Requirements (includes University GWAR course): 24
  - 27 units [CHEM 115, DFM 253, and PSY 200 met before transfer. MATH 124 may have been met before transfer.]
- Professional Requirement: 3 units
- Electives: 0-2 units [BIOL 210+BIOL 211 met before transfer. BIOL 212+BIOL 213 and/or BIOL 220 may have been met before transfer]

University electives: 12 or more units

Depends on course choices made at the community college, how transferred units are applied to the requirements above, and course choices at SF State - some courses may meet more than one requirement, e.g. in both UD GE and the major.