BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES

The Bachelor of Arts in Family & Consumer Sciences enables a student to specialize in one of two emphases:

1. Child & Family Studies
2. Nutrition/Foodservice System Management

The common core of the program is devoted to students acquiring an understanding of family transitions, diversity, and resource management; sensitivities to the needs and value systems of individuals, families, and groups which vary by age, socioeconomic status, and ethnic identity; and the role expectations of professional family life and community educators. Students pursuing this major, depending upon their areas of specialization, may complete field experiences in business, education, government, or private social service agencies. These field experiences serve as integrating experiences for students prior to their entry into professional roles.

Mandatory Advising

FCS majors must see an advisor to prepare a Graduation Plan which outlines their individual course sequence. Some major classes may require the plan be presented on the first day of classes. See department office (Burk Hall 329) for information to include in the advising folder. Students who wish for credits earned at another institution to be accepted in lieu of courses offered for the major at SF State must obtain acceptance from the major advisor and the department chair.

Writing Competence

Good writing skills are necessary for success in the major. Second year written composition (ENG 214 or equivalent) with a grade of C- or better is required to take CFS 312GW, the beginning of the sequence of upper division CFS courses, which fulfills the GWAR requirement.

Degree Requirements

A prescribed sequence of courses must be adhered to as some classes are offered only in the fall or spring semesters. All major courses must be passed with a letter grade of C- or better. CR/NC is not allowed.

Family and Consumer Sciences (B.A.) — 45 Units

Core Courses (12 Units)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>CFS 312GW</td>
<td>Families, Individuals, and Environments - GWAR</td>
<td></td>
</tr>
<tr>
<td>CFS 325</td>
<td>Transitions in the Family Life Cycle</td>
<td></td>
</tr>
<tr>
<td>CFS 430</td>
<td>Management Dynamics: Life Goals and Decisions</td>
<td></td>
</tr>
<tr>
<td>CFS 600</td>
<td>Professional Development</td>
<td></td>
</tr>
</tbody>
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Family Studies Emphasis (33 Units)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>CFS 320</td>
<td>Children and Families</td>
<td></td>
</tr>
<tr>
<td>CFS 321</td>
<td>Adolescents and Families</td>
<td></td>
</tr>
<tr>
<td>CFS 322</td>
<td>Early Childhood Education Curriculum (Birth to Five)</td>
<td></td>
</tr>
<tr>
<td>CFS 323</td>
<td>Infants/Toddlers and Families</td>
<td></td>
</tr>
<tr>
<td>CFS 420</td>
<td>Assessment and Observation with Children</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>CFS 423</td>
<td>Administration of Programs for Young Children</td>
<td></td>
</tr>
<tr>
<td>CFS 424</td>
<td>Supervised Experiences with Children, Family and Community</td>
<td></td>
</tr>
<tr>
<td>CFS 426</td>
<td>Family Crises: Drug Dependency and Eating Disorders</td>
<td></td>
</tr>
<tr>
<td>CFS 428</td>
<td>Children and Families with Violence, Abuse, and Neglect</td>
<td></td>
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</tbody>
</table>

Electives: Any CFS/D Department course or another course upon approval of advisor

1 Courses needed for the California Child Development Master Teacher & Site Supervisor Permits.

Nutrition/Foodservice Systems Management Emphasis (33 Units)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>CFS 352</td>
<td>Principles of Food Preparation</td>
<td></td>
</tr>
<tr>
<td>CFS 355</td>
<td>Nutrition for Wellness</td>
<td></td>
</tr>
<tr>
<td>DFM 253</td>
<td>Nutrition in Health and Disease</td>
<td></td>
</tr>
<tr>
<td>CFS 453</td>
<td>Nutrition in the Life Cycle</td>
<td></td>
</tr>
<tr>
<td>CHEM 101&amp; CHEM 102</td>
<td>Survey of Chemistry Laboratory</td>
<td></td>
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<tr>
<td>or CHEM 109 &amp; CHEM 110</td>
<td>Fundamentals of Food Chemistry: Natural Constituents and Additives and Fundamentals of Food Chemistry: Natural Constituents and Additives Laboratory</td>
<td></td>
</tr>
<tr>
<td>DFM 353GW</td>
<td>Foodservice Systems Management - GWAR</td>
<td></td>
</tr>
<tr>
<td>DFM 458</td>
<td>Management of Quantity Food Purchasing and Production</td>
<td></td>
</tr>
<tr>
<td>MGMT 405</td>
<td>Introduction to Management and Organizational Behavior</td>
<td></td>
</tr>
<tr>
<td>MGMT 610</td>
<td>Human Resource Management</td>
<td></td>
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<tr>
<td>or HTM 560</td>
<td>Hospitality Human Resource Management</td>
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</tbody>
</table>

Electives: Any CFS/D Department courses or other courses upon approval of advisor

Complementary Studies

Bachelor of Arts students must complete at least twelve units of complementary studies outside of the primary prefix for the major. (Note: Students may not use an alternate prefix that is cross-listed with the primary prefix for the major.)

Students who complete two majors or a major and a minor automatically complete the complementary studies requirement. Students in the Bachelor of Arts in Family & Consumer Sciences major who wish to satisfy the Complementary Studies Requirement with a coherent group of courses complementary to the major must have the courses approved by an advisor in the major. Consult with a major advisor for assistance.

General Education Requirements

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Course Level</th>
<th>Units</th>
<th>Area Designation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral Communication</td>
<td>LD</td>
<td>3</td>
<td>A1</td>
</tr>
<tr>
<td>Written English Communication I</td>
<td>LD</td>
<td>3</td>
<td>A2</td>
</tr>
<tr>
<td>Critical Thinking</td>
<td>LD</td>
<td>3</td>
<td>A3</td>
</tr>
<tr>
<td>Written English Communication II</td>
<td>LD</td>
<td>3</td>
<td>A4</td>
</tr>
</tbody>
</table>
### Bachelor of Arts in Family and Consumer Sciences

#### Physical Science
- LD
- B1

#### Life Science
- LD
- B2

#### Lab Science
- LD
- B3

#### Mathematics/Quantitative Reasoning
- LD
- B4

#### Lab Science
- LD
- B3

#### Math
- LD
- B4

#### Arts
- LD
- C1

#### Arts or Humanities
- LD
- C1 or C2

#### Humanities: Literature
- LD
- C3

#### Social Sciences
- LD
- D1

#### Social Sciences: US History
- LD
- D2

#### Social Sciences: US & CA Government
- LD
- D3

#### Lifelong Learning and Self-Development (LLD)
- LD or UD
- E

#### Physical and/or Life Science
- UD
- UD-B

#### Social Sciences
- UD
- UD-D

#### SF State Studies

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Ethnic and Racial Minorities (AERM)</td>
<td>LD or UD</td>
</tr>
<tr>
<td>Environmental Sustainability (ES)</td>
<td>LD or UD</td>
</tr>
<tr>
<td>Global Perspectives (GP)</td>
<td>LD or UD</td>
</tr>
<tr>
<td>Social Justice (SJ)</td>
<td>LD or UD</td>
</tr>
</tbody>
</table>

Courses certified as meeting the SF State Studies requirements may be upper or lower division in General Education (GE), in a major or minor, or an elective.

#### First Time Student Roadmap (4 Year)

**Family Studies Emphasis**

This roadmap opens in a new tab. ([bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/family-roadmap.html](bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/family-roadmap.html))

**Nutrition/Foodservice Systems Management Emphasis**

This roadmap opens in a new tab. ([bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/nutrition-roadmap.html](bulletin.sfsu.edu/colleges/health-social-sciences/consumer-family-studies-dietetics/ba-family-consumer-sciences/nutrition-roadmap.html))

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### General Advising Information for Transfer Students

1. Before transfer, complete as many lower division requirements or electives for this major as possible.

2. The following courses are not required for admission, but are required for graduation. Students are strongly encouraged to complete these units before transfer; doing so will provide more flexibility in course selection after transfer.
   - a course in U.S. History
   - a course in U.S. & California Government
   - a 2nd-semester course in written English composition

For information about satisfying the requirements described in (1) and (2) above at a California Community College (CCC), please visit [http://www.assist.org](http://www.assist.org). Check any geographically accessible CCCs: sometimes options include more than one college. Use ASSIST to determine:

- Which courses at a CCC satisfy any lower division major requirements for this major, including 2nd-semester composition;

Remedial courses are not transferable and do not apply to the minimum 60 units/90 quarters required for admission.

Additional units for courses that are repeated do not apply to the minimum 60 units required for upper division transfer (for example, if course was not passed on the first attempt, or was taken to earn a better grade).

Before leaving the last California community college of attendance, obtain a summary of completion of lower division General Education units (IGETC or CSU GE Breadth). This is often referred to as a GE certification worksheet. SF State does not require delivery of this certification to Admissions, but students should retain this document for verifying degree progress after transfer.

Credit for Advanced Placement, International Baccalaureate, or College-Level Examination Program courses: AP/IB/CLEP credit is not automatically transferred from the previous institution. Units are transferred only when an official score report is delivered to SF State. Credit is based on the academic year during which exams were taken. Refer to the University Bulletin in effect during the year of AP/IB/CLEP examination(s) for details regarding the award of credit for AP/IB/CLEP.

Students pursuing majors in science, technology, engineering and mathematics (STEM) disciplines often defer 6-9 units of lower division general education in areas C and D until after transfer in order to focus on preparation courses for the major. (This advice does not apply to students pursuing associate degree completion before transfer.)

### Transferring from institutions other than CCCs or CSUs

Review SF State’s lower division General Education requirements. Note that, as described below, the four basic skills courses required for admission meet A1, A2, A3, and B4 in the SF State GE pattern. Courses that fulfill the remaining areas of SF State’s lower division GE pattern are available at most two-year and four-year colleges and universities.
Of the four required basic skills courses, a course in critical thinking (GE A3) may not be widely offered outside the CCC and CSU systems. Students should attempt to identify and take an appropriate course no later than the term of application to the CSU. To review more information about the A3 requirement, please visit http://bulletin.sfsu.edu/undergraduate-education/general-education/lower-division/#AAEL.

Identify and complete a 2nd-semester written English composition course before transfer. This is usually the next course after the typical "freshman comp" course, with a focus on writing, reading and critical analytical skills for academic purposes, and developing skills in composing, revising, and the use of rhetorical strategies.

Waiting until after transfer to take a single course at SF State that meets both US and CA/local government requirements may be an appropriate option, particularly if transferring from outside of California.

All students must meet the transfer eligibility requirements outlined below for admission.

For more information, visit the Undergraduate Admissions section.

- Complete 60 or more transferable semester units or 90 or more quarter units
- Earn a college grade point average of 2.00 or better in all transferable courses. Non-local area residents may be held to a higher GPA standard.
- Be in good standing at the last college or university attended
- Complete 30 semester units (45 quarter units) of general education, including four basic skills courses:
  a. One course in oral communication (same as CSU GE area A1)
  b. One course in written composition (same as CSU GE area A2)
  c. One course in critical thinking (same as CSU GE area A3)
  d. One course in mathematics or quantitative reasoning, with intermediate algebra as a prerequisite (same as CSU GE area B4)
- The four basic skills courses and a minimum of 60 transferable semester units (90 quarter units) must be completed by the spring semester prior to fall admission, or by the fall semester prior to spring admission. Earn a "C" or better grade in each basic skills course.