# Bachelor of Arts in Child and Adolescent Development: Concentration in Youth Work and Out of School Time Roadmap

120 Total Units Required
Minimum Number of Units in the Major: 44

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td><strong>First Semester</strong></td>
<td></td>
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<tr>
<td>GE Area A: Oral Communication (A1) or Critical Thinking (A3) ¹</td>
<td>3</td>
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<tr>
<td>GE Area A: Written English Communication (A2) ²</td>
<td>3</td>
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<tr>
<td>GE Area B: Quantitative Reasoning (B4) ³</td>
<td>3</td>
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<tr>
<td>GE Area C: Arts (C1) or Humanities (C2)</td>
<td>3</td>
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<tr>
<td>GE Area D: U.S. History (D2) or U.S. and California Government (D3)</td>
<td>3</td>
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<tr>
<td><strong>Units</strong></td>
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<td>15</td>
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<tr>
<td><strong>Second Semester</strong></td>
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<tr>
<td>CAD 210</td>
<td>Introduction to Applied Child and Adolescent Development</td>
<td>3</td>
</tr>
<tr>
<td>GE Area A: Oral Communication (A1) or Critical Thinking (A3) ¹</td>
<td>3</td>
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</tr>
<tr>
<td>GE Area A: Written English Communication II (A4) ²</td>
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<tr>
<td>or Written English Communication (A2) Stretch II</td>
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<tr>
<td>GE Area C: Arts (C1)</td>
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<tr>
<td>GE Area D: U.S. History (D2) or U.S. and California Government (D3)</td>
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<tr>
<td><strong>Units</strong></td>
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<td>15</td>
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<tr>
<td><strong>Third Semester</strong></td>
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<tr>
<td>CAD 260</td>
<td>Children, Families, and Community: An Ecological Perspective</td>
<td>3</td>
</tr>
<tr>
<td>GE Area A: Written English Communication II (A4) if not already satisfied</td>
<td>3</td>
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<tr>
<td>or SF State Studies or University Elective</td>
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<tr>
<td>GE Area B: Physical Science (B1) and Laboratory Science (B3) ⁶</td>
<td>3-4</td>
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<tr>
<td>GE Area C: Humanities: Literature (C3)</td>
<td>3</td>
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<tr>
<td>SF State Studies or University Elective ⁷</td>
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<tr>
<td><strong>Units</strong></td>
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<tr>
<td><strong>Fourth Semester</strong></td>
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<tr>
<td>GE Area B: Life Science (B2) and Laboratory Science (B3) ⁶</td>
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<td>SF State Studies or University Elective – Take Four ⁷</td>
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<tr>
<td><strong>Units</strong></td>
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<td>15-16</td>
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<td><strong>Fifth Semester</strong></td>
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<tr>
<td>CAD 300</td>
<td>Professional Roles and Careers in Child and Adolescent Development</td>
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<tr>
<td>CAD 400</td>
<td>Community Youth Development</td>
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<tr>
<td>CAD 410</td>
<td>Applied Child and Youth Development</td>
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<tr>
<td>CAD 450</td>
<td>Understanding and working with Diverse Families</td>
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<tr>
<td>Youth and Context Course ⁸</td>
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<tr>
<td><strong>Units</strong></td>
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<tr>
<td><strong>Sixth Semester</strong></td>
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<tr>
<td>CAD 500GW</td>
<td>Action Research Methods in Child and Adolescent Development - GWAR</td>
<td>3</td>
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<tr>
<td>CFS 321</td>
<td>Adolescents and Families</td>
<td>3</td>
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<tr>
<td>Special Topics Course- Take Two ¹</td>
<td>6-8</td>
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<tr>
<td>GE Area UD–C: Upper Division Arts and/or Humanities (Consider SF State Studies Course)</td>
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<tr>
<td><strong>Units</strong></td>
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<td><strong>Seventh Semester</strong></td>
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<td>CAD 625</td>
<td>Children, Youth, and Public Policy</td>
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<tr>
<td>Special Topics Course ¹⁰</td>
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<tr>
<td>GE Area UD–B: Upper Division Physical and/or Life Sciences (Consider SF State Studies Course)</td>
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<tr>
<td>GE Area UD–D: Upper Division Social Sciences (Consider SF State Studies Course)</td>
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<tr>
<td>SF State Studies or University Elective ⁷</td>
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<tr>
<td><strong>Units</strong></td>
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<tr>
<td><strong>Eighth Semester</strong></td>
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<tr>
<td>RPT 400</td>
<td>Programming in Recreation, Parks, and Tourism</td>
<td>3</td>
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<tr>
<td>CAD 600 &amp; CAD 601</td>
<td>Child and Adolescent Development Internship Seminar and Child and Adolescent Development Internship ¹¹</td>
<td>3</td>
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<tr>
<td>SF State Studies or University Elective – Take Three ⁷</td>
<td>9</td>
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<tr>
<td><strong>Units</strong></td>
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<td>15</td>
</tr>
<tr>
<td><strong>Total Units</strong></td>
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<td>120-124</td>
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</tbody>
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¹ To avoid taking additional units, it is recommended that you meet LLD and SF State Studies requirements (AERM, GP, ES, SJ) within your GE or major.
ENG 114 can only be taken if you complete Directed Self-Placement (DSP) and select ENG 114; if you choose ENG 104/ENG 105 through DSP you will satisfy A2 upon successful completion of ENG 105 in the second semester; multilingual students may be advised into alternative English courses.

Depending on courses completed through Early Start, students in Pathway/Category 3 or 4 may be required to enroll in a support course to complement their Quantitative Reasoning/B4 requirement. There are multiple course options for this pathway. Before enrolling in a B4 course, students should verify their MATH Pathway/Category in their Student Center (http://cms.sfsu.edu/content/student-center). Information regarding the courses that correspond with your MATH Pathway/Category can be found on the Developmental Studies Office Website (http://developmentalstudies.sfsu.edu).

Satisfies GE D1 requirement.
Satisfies GE E1, D1, AERM, GP, SJ requirements.
Consider taking a class combined with a laboratory or a separate lab to fulfill B3 if not already satisfied.

**Complementary Studies**

The Complementary Studies Requirement is automatically fulfilled when completing the Child and Adolescent Development degree. However, students may need to take additional units to reach the minimum of 120 units for graduation.

**Youth and Context**
AFRS 678 Urban Issues of Black Children and Youth (3 units)
C J 475 Intervention Policies in Juvenile Justice (3 units)
C J 485/LTNS 485 Latina/o Youth, Crime, and Justice (3 units)
RRS 480 Youth Culture, Race and Resistance (3 units)
SOC 452/C J 470 Juvenile Justice (4 units)

**Youth Development Courses**

CFS 321 Adolescents and Families (3 units)
PSY 430 Adolescent Psychology (3 units)

**Special Topics (choose three courses, each from a different category)**

**A. Health**
CFS 428 Children and Families with Violence, Abuse, and Neglect (3 units)
H ED 315 Drugs and Society (3 units)
LTNS 500 Latina/o Community Mental Health (3 units)

**B. Sexuality and Gender Identity**
BIOL 330 Human Sexuality (3 units)
PSY 456 Psychology of Human Sexual Behavior (3 units)
SOC 469 Gender and Society (4 units)

**C. Recreation**
RPT 210 Growth through Art and Leisure (3 units)
RPT 380 Developmental Play Processes (3 units)
RPT 440 Urban Recreation and Parks (3 units)

**D. Social Services**
C J 470 Juvenile Justice (4 units)
S W 302 Introduction to Social Service Organizations (3 units)
S W 350 Services to Children, Youth, and Their Families (3 units)

**E. Racial and Ethnic Identity Development**
AA S 218 Asian American Culture (3 units)
AFRS 525 Black Child Development (3 units)
LTNS 485 Latina/o Youth, Crime, and Justice (3 units)
AIS 470 American Indian Ethnicity: Problems in Identity (3 units)

CAD 600 and CAD 601 must be taken concurrently.